



Exploring the Art of Healthcare

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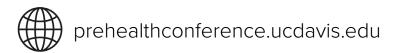
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Stay connected with us!









If you need assistance during Pre-Health Conference, visit the info booth located on Hutchison Field.

For emergencies, call 911.

Additional information can be found on the website prehealthconference.ucdavis.edu

2025 PRE-HEALTH CONFERENCE AT UC DAVIS SCHEDULE

Please refer to the schedule below for today's events. All times are in Pacific Daylight Time (PDT).

6:30 AM - 8:00 AM Check-in

Hutchison Field

8:00 AM – 9:00 AM Morning Welcome Session

University Credit Union Center (UCenter)

9:00 AM - 12:00 PM Pre-Health Fair

Hutchison Field, Directory pgs. 8-12

12:00 PM – 1:00 PM Designated Lunch Time

Note: Attendees must provide their own lunch. Food trucks will be available. For additional options please check the Conference website.

1:00 PM – 1:45 PM Workshop Session 1

Descriptions on pgs. 17-21

2:00 PM - 2:45 PM Workshop Session 2

Descriptions on pgs. 22-25

3:00 PM - 3:45 PM Workshop Session 3

Descriptions on pgs. 26-29

4:00 PM – 4:30 PM Closing Remarks & Giveaway

University Credit Union Center (UCenter)

MEET THE KEYNOTE SPEAKER - ASHISH ATREJA, MD, MPH



Ashish Atreja, M.D., M.P.H., F.A.C.P., A.G.A.F., is a professor, entrepreneur and an investor who is the nation's leading voice in evidence-based digital health and Al-led transformation. He has served as CIO and Chief Digital Health Officer at UC Davis Health that expanded the institution's digital and Al footprint, transformed healthcare delivery and improved patient outcomes. Within two years of his arrival, UC Davis Health became the only health system in California to be digital health most wired level 10 for both inpatient and ambulatory care.

Prior to his UC Davis Health appointment, Atreja, an internist and gastroenterologist, served as the chief innovation officer, Medicine at Mount Sinai Health System. At Mount Sinai, Atreja established one of the first innovation hubs within an academic medical center to build and test disruptive digital health technologies - those that transform the industry. His pioneering work in digital therapeutics, including prescribing mobile health apps for patients, has earned him the nickname 'the app doctor'. Previously, Atreja was at the Cleveland Clinic, where he was Associate Program Director for Informatics Fellowship, led electronic health record implementation, and won an innovation award for developing one of the first virtual pager and messaging applications that was successfully licensed. In 2016, Atreja established the non-profit Network of Digital Medicine (NODE.Health) Association to connect innovation centers worldwide and share best practices for evidence-based digital medicine between industry, payers and health systems. As an intrapreneur, Atreja has won innovation awards at Cleveland Clinic and Mount Sinai, holds two patents (including one for creating app formulary prescribed from EHR), successfully licensed technologies from academic centers, and served as a founding CEO for a VC-backed digital health spinout that got acquired last year. In 2023, Dr Atreja launched VALIDAI. Health: A collective of 50+ Health systems and health plans with tech partners to build capacity among healthcare organizations to co-validate, execute, and create value from Generative AI in Health. He is currently focused on incubating AI ventures through venture studio. In addition to a medical degree, Atreja holds a master's in public health and is a fellow of the American College of Physicians and the American Gastroenterological Association. He has served in many national roles, including as an informatics expert for the CDC HICPAC committee, as an associate editor for the Journal of Digital Biomarkers, as an executive board member for ONC and HL7 FHIR

at Scale (FAST) accelerator, and representing UCs on the California-wide Data Exchange Advisory Committee. He has been nominated among the Top 40 HealthCare Transformers in 2017, HIMSS Top 50 Healthcare in 2021 and Health Tech Magazine Top 30 Health IT influencers in 2022. Atreja has published more than 100 academic papers, has been continuously funded by NIH since 2014, and has been a keynote speaker globally on digital health transformation.

WELCOME TO THE 2025 PRE-HEALTH CONFERENCE AT UC DAVIS!

Welcome to the 23rd annual Pre-Health Conference at UC Davis! This October 18, 2025, we hope to provide you with a palette of tools to paint your pre-health journey. We are excited to welcome the pre-health community to our campus. We hope to inspire and help prepare the future health professionals of California, the nation, and the world.

The Pre-Health Fair will be held on Hutchison Field from 9:00 AM - 12:00 PM. Please find the list of schools/organizations that will be exhibiting on pages 8-12. The categories of health professions and institutions/organizations are alphabetized. For the field layout, please visit our website.

The Didactic and Interactive workshops will be held over three, hour-long workshop sessions from 1:00 PM - 3:45 PM. Please see pages 14-15 for the location and times of each workshop, along with their descriptions and speakers on pages 17-29. We encourage you to make a schedule of workshops you would like to attend, as popular workshops will reach capacity quickly. Please note, attendees who reserved interactive tickets in advance can pick up their ticket at the 2nd floor of the UCenter during Check-In from 6:30 AM - 8:00 AM. Please listen carefully during the morning Welcome Session for any remaining tickets and instructions.

Having trouble finding the location of a workshop or exhibitor booth?

Look for ambassadors or workshop moderators to guide you. Find the UC Davis campus map on the front cover.



Figure 1 Series of the HEALTH SCIENCES SCIENCES





Western University of Health Sciences

Pomona, California | Lebanon, Oregon www.westernu.edu

Where scientific excellence meets humanistic patient care. WesternU's DO program is named a **Tier 1 Medical School for Primary Care** by U.S. News & World Report.

- » Osteopathic Medicine
- » Graduate Nursing
- » Pharmacy
- » Physician Assistant
- » Physical Therapy
- » Veterinary Medicine
- » Dental Medicine
- » Optometry
- » Podiatric Medicine



LEARN MORE World-class medical education — with a social mission

Proud to be nationally ranked in Tier 1 (top tier) for primary care training

At UC Davis Health we foster innovative education, shape community leaders, and cultivate the next generation of physicians who reflect the rich diversity of our world.

As one of the nation's top schools for primary care training as ranked by *U.S. News & World Report*, we're honored to offer students an extraordinary breadth and depth of expertise to help brilliant minds pioneer ahead.

With a national reputation for research, a strong commitment to underserved communities and a passion for patient-centered care, we're transforming health throughout the region and beyond.

Learn more about our student-centered opportunities and how the UC Davis School of Medicine can advance your career.

A snapshot: Some School of Medicine distinctions

- Ranked No. 4 in the nation for diversity by U.S. News & World Report
- Among the top 35 U.S. medical schools for NIH research funding, with nine departments in the top 20
- Innovative training programs for serving rural, urban and agricultural communities
- Home to the first state-funded center for firearm violence research
- A site for the historic global Pfizer COVID-19 vaccine clinical trial



PRE-HEALTH FAIR DIRECTORY

Please note the directory is subject to change and exhibitors may be located in a different category. Exhibitors with (*) indicate they may represent multiple health professions. Please check our digital program for updates.

PLATINUM SPONSOR

Samuel Merritt University

CHIROPRACTIC

Life University

Palmer College of Chiropractic

DENTISTRY

Boston University Goldman School of Dental Medicine

California Northstate University

Kansas City University College of Dental Medicine

Midwestern University College of Dental Medicine- Arizona

University of Minnesota School of Dentistry

University of Pennsylvania School of Dental Medicine

University of the Pacific Arthur A. Dugoni School of Dentistry

MASTERS/GRADUATE PROGRAMS

Agnes Scott College

Arkansas Colleges of Health Education*

Boston University Chobanian & Avedisian School of Medicine **Graduate Medical Sciences***

California Northstate University

Carnegie Mellon University Health Care Analytics

Charles Drew University*

Hawai'i Pacific University

Keck Graduate Institute*

Midwestern University, Glendale, AZ - Biomedical Sciences Program

Mississippi College

Narrative Medicine at the University of Southern California

Parker University

Roseman University of Health Sciences

Samuel Merrit University*

Tufts University School of Medicine Graduate Programs*

UC Berkeley, Master of Nutritional Sciences & Dietetics

UCSF-UC Law SF Master of Science in Health Policy & Law

University of Colorado Anschutz Medical Campus | Graduate School

University of New Mexico - Master of Science in Anesthesia

University of the Pacific, School of Health Sciences*

University of San Diego, Hahn School of Nursing and Health

University of Southern California Leonard Davis School of Gerontology

University of Western States*

Weill Cornell Medicine - Population Health Sciences

MEDICINE (MD/DO/DPM/ND/DC)

Alice L. Walton School of Medicine

American Association of Colleges of Osteopathic Medicine (AACOM)

American University of Antiqua School of Medicine

American University of the Caribbean School of Medicine

Association of Accredited Naturopathic Medical Colleges

Baptist University College of Osteopathic Medicine

Burrell College of Osteopathic Medicine

University of Michigan Medical School

California Health Sciences University

California Northstate University

California University of Science and Medicine

CENEU International & Universidad Xochicalco School of Medicine

Creighton University School of Medicine - Medical School

David Geffen School of Medicine at UCLA

Des Moines University*

Duke-NUS Medical School

Duke University School of Medicine

Florida International University*

Idaho College of Osteopathic Medicine

Illinois College of Osteopathic Medicine at TheChicagoSchool

Kaiser Permanente Bernard J. Tyson School of Medicine

Kansas City University*

Kansas Health Science University - Kansas College of Osteopathic Medicine

Lincoln Memorial University - Debusk College of Osteopathic Medicine

Loyola University Chicago Stritch School of Medicine

Medical Scientist Training Program, University of Utah SFE School of Medicine*

Michigan Medicine - Office for Health Advancement

Michigan State University College of Osteopathic Medicine*

Midwestern University - Arizona College of Osteopathic Medicine

National University of Natural Medicine (NUNM)

Noorda College of Osteopathic Medicine

Oakland University William Beaumont School of Medicine

Oregon Health & Science University

Oregon Health & Science University Center for Learner Diversity Inclusion*

Pacific Northwest University of Health Sciences

Philadelphia College of Osteopathic Medicine

Prime-LA UCLA

Rocky Vista University, College of Osteopathic Medicine*

Rocky Vista University, College of Osteopathic Medicine*

Rosalind Franklin University of Medicine & Science*

Roseman University of Health Sciences*

Ross University School of Medicine

Rowan-Virtua School of Osteopathic Medicine

Saba University School of Medicine

Samuel Merritt University

Sonoran University of Health Sciences

Stanford Medicine

Stanford Medicine Medical Scribe Fellowship

St. George's University School of Medicine

The Association of American Medical Colleges

The University of Queensland Medical School - Ochsner Health

Thomas F. Frist, Jr. College of Medicine at Belmont University*

Trinity School of Medicine

Touro College of Osteopathic Medicine, Montana

Touro University California*

UAG School of Medicine International Program

UC Davis School of Medicine

UC Irvine School of Medicine

UC San Diego School of Medicine

UCSF School of Medicine

Uniformed Services University School of Medicine*

University of Colorado School of Medicine

University of Massachusetts T.H. Chan School of Medicine

University of Medicine and Health Sciences - St. Kitts

University of Minnesota Medical School Admissions

University of Nevada, Reno School of Medicine

University of New England College of Osteopathic Medicine

University of Pittsburg School of Medicine

University of the Incarnate Word School of Osteopathic Medicine

USF Health Morsani College of Medicine

UT Health San Antonio: MD/PhD Program

Vanderbilt University School of Medicine

Washington University School of Medicine

Wayne State University School of Medicine

Western Michigan University Stryker School of Medicine

Xavier University School of Medicine, Aruba

NURSING

BYU Independent Study

California Northstate University

Columbia University School of Nursing

Emory School of Nursing

Grand Canyon University

Johns Hopkins University School of Nursing

Roseman University of Health Sciences

Samuel Merritt University

The Betty Irene Moore School of Nursing at UC Davis

University of New Mexico - College of Nursing

University of the Pacific, Master of Science in Nursing

University of San Francisco - School of Nursing & Health Professions

OCCUPATIONAL THERAPY

Samuel Merritt University

San Jose State University Occupational Therapy Program

University of Minnesota College of Pharmacy - Occupational Therapy Doctorate

University of the Pacific Doctor of Occupational Therapy

USC Chan Division of Occupational Science and Occupational Therapy

Valparaiso University

Western Oregon University

OPPORTUNITIES

Advanced Clinical Training

Ascension Medical Educators, LLC

California Department of Health Care Access and Information Child Family Health International

eMedical Prep

Global Medical Brigades

Health Career Connection

International Medical Aid (IMA)

MiMentor

NMDP

OzTREKK

USAF Health Professions Scholarship Program

Vida Volunteer

OPTOMETRY

Arizona College of Optometry - Midwestern University Pacific University

University of California, Berkeley Herbert Wertheim School of Optometry & Vision Science

University of Houston College of Optometry

University of the Incarnate Word Rosenberg School of Optometry*

PHARMACY

California Northstate University

Marshall B. Ketchum University

Midwestern University College of Pharmacy

Oregon State University, College of Pharmacy

Pacific University School of Pharmacy*

Roseman University of Health Sciences

Roseman University of Health Sciences

UC San Diego: Skaggs School of Pharmacy and Pharmaceutical Sciences

UIC College of Pharmacy

UIW - Felk School of Pharmacy

University of California, San Francisco School of Pharmacy

University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences

University of Iowa College of Pharmacy

University of Michigan College of Pharmacy

University of Minnesota College of Pharmacy PharmD

Uninversity of the Pacific - Thomas J. Long School of Pharmacy

USC Alfred E. Mann School of Pharmacy and Pharmaceutical Sciences



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ADVANCED CLINICAL TRAINING ONLINE **CERTIFICATION PROGRAMS**

ACT is your ultimate destination for clinical training. Our programs are meticulously designed to equip you with the practical skills and experience needed to thrive in the medical field. Join thousands of students who have trusted ACT as their gateway to a successful healthcare career.

Why Choose ACT?

- Comprehensive Online Certifications: Our programs are designed to provide you with the skills and knowledge you need to excel in the clinical setting.
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Clinical Medical Assistant

Patient Care Technician

Pharmacy Technician

Physical Therapy Technician

Phlebotomy Technician

Washington State University College of Pharmacy and Pharmaceutical Sciences

PHYSICAL THERAPY

Midwestern University Physical Therapy Program

Mount Saint Mary's University

Rocky Mountain University of Health Professions*

Samuel Merritt University

University of the Pacific, Doctor of Physical Therapy

University of St. Augustine for Health Sciences*

Whitworth University*

PHYSICIAN ASSISTANT

A.T. Still University

Creighton University PA Program

Dominican University of California*

MGH Institute of Health Professions*

Samuel Merritt University

The Betty Irene Moore School of Nursing at UC Davis

University of the Pacific

Western University of Health Sciences*

PODIATRY

Dr. William M. Scholl College of Podiatric Medicine

New York College of Podiatric Medicine

Samuel Merritt University

POST-BACCALAUREATE / SMP PROGRAMS

California Northstate University

Charles R. Drew University of Medicine and Science

GeorgeSquared, Advanced Biomedical Sciences

Georgetown University Medical Center, Biomedical Graduate **Programs**

Graduate School of Biomedical Sciences and Professional Studies, College of Medicine, Drexel University

LMU Pre-Health Professions Certificate Programs

Pre-Professional Health Academic Program

Samuel Merritt University

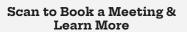
San Francisco State University - San Francisco, CA

Touro University MS in Medical Health Sciences

UC Davis Health Professions Post-Baccalaureate Program

UC Santa Cruz Premed Postbacc Program









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Colorado School of Public Health

George Washington University Milken Institute School of Public Health

Johns Hopkins Bloomberg School of Public Health

UC Berkeley School of Public Health

UC Davis School of Public Health

UCLA Fielding School of Public Health

University of Nebraska Medical Center College of Public Health

University of Puget Sound*

Yale School of Public Health

TEST PREP

Kaplan

MedSchoolCoach

The Princeton Review

VETERINARY MEDICINE

Cummings School of Veterinary Medicine at Tufts University Iowa State College of Veterinary Medicine

Massey University (New Zealand)

North Carolina State College of Veterinary Medicine

Ross University School of Veterinary Medicine

St. George's University School of Veterinary Medicine

St. Matthew's University School of Veterinary Medicine

The University of Arizona College of Veterinary Medicine

University of California, Davis School of Veterinary Medicine

University of Melbourne

University of Minnesota College of Veterinary Medicine

University of Wisconsin-Madison, School of Veterinary Medicine

VIN Foundation

Notes





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WORKSHOP SCHEDULE

Choose 1 workshop to attend per hour. Please note that interactive workshops require an interactive ticket. The workshop schedule allows attendees to participate in only one workshop per designated time slot, as indicated next to each session. We encourage selecting workshops you plan to attend in advance in order to maximize your day. Workshop space is limited and avaliable on a first-come, first-serve basis.

For complete descriptions of all workshops, please refer to pages 17-29.

Note: Workshops and locations are subject to change. Stay connected to our website and social media channels for updates. Attendees will also be able to check room signage for correct workshop locations.

Having trouble finding the location of a workshop?

Look for our ambassadors in the bluecolored shirt to guide you, or our workshop moderators in the green-colored shirts. Find the UC Davis campus map on the front cover.

DIDACTIC WORKSHOPS

Didactic workshops are focused sessions where students can learn important information about healthcare careers. Led by healthcare professionals, knowledgable speakers, and students, these workshops cover topics such as applying to medical school, preparing for exams, and gaining clinical experience.

Attendees can gain practical tips, learn what to expect, and build confidence as they plan for their future in healthcare.

Workshop Session 1 1:00 PM - 1:45 PM

DIDACTIC WORKSHOPS - SESSION 1	Room
Changing the Script: A Resident's Take on Mental Health, Burnout & Digital Storytelling	The Grove 1309
Pathways to the Health Professions	California Hall
Designing Your Pre-med Journey with Resources from the AAMC	Wellman 6
Leading with Compassion and Innovation: Exploring UC San Diego School of Medicine's COAST Curriculum	Wellman 26
Beyond the Application: Uncovering Your Motivation for Medicine	Wellman 106
Faith and Medicine	Wellman 115
Al and Medicine	Wellman 126
Is a Post-Baccalaurette Program Right for You?	Wellman 216
Preparing Medical Students for Future-Facing Clinical Practice and Health Systems Leadership	Wellman 226
Gaining Clinical Experience to Strengthen Your Application & Understand Healthcare in Action	Wellman 234
The MD/PhD Pathway: Bridging Research & Health	Giedt 1002
Exploring a Career in Pediatrics	Giedt 1003
Path to a Career in Nutrition & Dietetics	Giedt 1006
Introduction to Working with Transgender and Gender Nonbinary Patients	Storer 1342
General Admissions Information & Application Tips	Khaira Hall 123
UCLA DGSOM's PRIME-LA Track: Training Community-Focused Leaders in Medicine	TLC 1215
Diversity and Non-Traditional Pathways in Medicine	SCC Room A
Careers in Speech-Language Pathology	SCC Room B
The Geriatric Experience: What is it like to get older?	SCC Room C
Natural Preventative Medicine	SCC Room D
Tissue and Organ Donor Services	SCC Room E
PA-CAT Test Prep	ARC Ballroom B
Narrative Medicine	ARC Room 2
Establishing and Building a Solo Medical Practice	ARC Room 3
Crafting a Strong Graduate/Professional School Application	Rock Hall

INTERACTIVE WORKSHOPS

We are excited to host a variety of interactive sessions for attendees to explore health professions through hands-on or small group activities. These sessions are designed to be engaging and allow attendees to actively participate in activities such as practicing clinical skills, mock interviews, or group discussions.

Interactive Ticket Pick-Up Times: 6:30 AM - 8:00 AM - UCenter 2nd Floor 9:00 AM - 10:00 AM - UCenter 2nd Floor

Remaining interactive tickets will be distributed from the info booth on Hutchison field on a first come, first served basis beginning at 11:00 AM.

Locations for interactive workshops will be included on the ticket. Ticket required for entry to interactive workshops as space is limited.

INTERACTIVE WORKSHOPS - SESSION #1

Performing a Veterinary Exam on a Goat

Mental Health & NARCAN

Hands Only CPR & AED Training

PT & OT Case Study

Introduction to Chiropractic Care

Neuropathology

Suturing Techniques

Conducting an Eye Exam

How to Conduct a Dental Exam

Mindful Drawing

WORKSHOP SCHEDULE (CONTINUED)

Workshop Session 2 2:00 PM - 2:45 PM

Workshop Session 3 3:00 PM - 3:45 PM

DIDACTIC WORKSHOPS - SESSION 2	Room
Explore, Engage, and Take Charge: The CNU Integrative Healthcare Education Experience for Pre-Health Undergraduates	The Grove 1309
Mapping Your Path To A Healthcare Career: Pathway Programs For Transfer Students	Wellman 2
Ethical Engagement in Global Health: What Every Pre-Health Student Should Know About Responsible Clinical Internships	Wellman 6
The Hidden Role of a Pain Interventionist	Wellman 26
Foundations of Pathology	Wellman 115
It's a Jungle Out There: Navigating the Path to Veterinary School and Beyond	Wellman 126
Psychiatry: More Than Medicine	Wellman 202
Future Health Leaders Wanted: How California is Paying You to Serve Communities in Need	Wellman 216
Military Medicine and Healthcare Panel	Wellman 226
Building a Successful MCAT Study Plan	Wellman 230
The DO Difference	Wellman 234
Interview Day Preparation and Tips	Giedt 1002
Mental Health and Wellbeing	Storer 1342
Medical Student Panel	Khaira Hall 123
Letters of Recommendation & Making Connections Panel	Giedt 1001
Business & Entrepreneurship in Healthcare Panel	Giedt 1003
Medicine & Research in Singapore: What it Takes to Pursue an MD, PhD, or MD-PhD	SCC Room D
Careers and Futures of Pharmacy	SCC Room E
Learn to Listen Like a Doctor: The Art of Clinical Reasoning	ARC Room 2

DIDACTIC WORKSHOPS - SESSION 3	Room
MD & DO School Admissions Panel	U Center
Womxn in Healthcare Panel	Wellman 26
Veterinary Medicine School Admissions Panel	Wellman 106
Optometry School Admissions Panel	Wellman 115
Pharmacy School Admissions Panel	Wellman 126
Masters in Public Health Admissions Panel	Wellman 216
Physician Assistant School Admissions Panel	Giedt 1001
Dental School Admissions Panel	Giedt 1002
Sports Medicine Panel	Giedt 1006
Scientific Foundations and Career Pathways in Embryology	Giedt 1007
Crack the DAT & OAT	Storer 1342
Unraveling the Code: Exploring Genetic Counseling	Storer 1344
Student-Run Clinics Fair	Khaira Courtyard
Nursing School Admissions Panel	Giedt 1003
PT & OT School Admissions	Grove 1309

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Pre-Health Conference at UC Davis



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INTERACTIVE WORKSHOPS - SESSION #2

Pharmacy Bingo Adventure: Rx Marks the Spot!

Performing an Ultrasound

Sports Medicine: Hands-On Bandage & Taping Techniques

Genetic Counseling Case Study

Exploring Osteopathic Manipulative Treatment

Suturing Techniques

Integrating Nutrition Into Healthcare

Hands Only CPR & AED Training

Mock Multiple Mini Interviews

Stop the Bleed

INTERACTIVE WORKSHOPS - SESSION #3

Hands Only CPR & AED Training







go.wayne.edu/md-admissions

Learn more about our M.D. program.

WORKSHOP SESSION 1 DESCRIPTIONS 1:00 PM - 1:45 PM

Al & Medicine

Join us in discovering how cutting-edge technology is reshaping healthcare. Discover how artificial intelligence (Al) is improving diagnoses and personalizing treatment plans, and redefining patient care. No matter your career trajectory or interests, come discover how Al advancements are shaping the future of healthcare and medicine!

Speaker(s): Ashish Atreja, MD, MPH

Beyond the Application: Uncovering Your Motivation for Medicine

Join this workshop for a candid and engaging conversation about discovering your personal motivations in pursuing a career in medicine, and how to include your experiences in your personal statement. Hear from our experienced speakers as they share their own journeys, the reasons they continue to find fulfillment in their work, and how they balance leadership roles with serving patients. They will guide you to explore the deeper values that drive your interest in medicine. You'll gain insights into finding meaning in your work and be inspired to define your own "why" in this rewarding field. Speaker(s): Deb Berman, MD; Matt Wixson, MD

Careers in Speech Language Pathology

Curious about a career combining science, compassion, and communication? In this workshop, we will explore all the various paths as a Speech Language Pathologist (SLP) and how you will have a lasting impact on others lives. We will take a look at the educational journey we take, the clinical roles and responsibilities as SLPs, and the human stories of impact that this profession can have.

Speaker(s): Elisabeth (Lisa) D'Angelo, PhD, CCC-SLP, CBIS

Changing the Script: A Resident's Take on Mental Health, Burnout & Digital Storytelling

Residency demands long hours, heavy workloads, and high responsibility, often leading to burnout and significant mental health challenges. Come and hear from a PGY-3 resident physician and content creator, for an unfiltered discussion on the realities of residency and the use of social media to address physician mental health.

Speaker(s): Rachel Southard, DO

Conducting an Eye Exam

"Look straight ahead, follow my light." As a patient, you do your best to follow instructions, but what exactly are optometrists looking for? In this interactive workshop, follow along as an optometrist guides you through the instruments used during eye exams and their purposes!

Speaker(s): Angel Barajas, OD, NREMT; Kaljit Arwhal, OD

Crafting a Strong Graduate/Professional School **Application**

There are multiple components that go into creating a strong professional school application. Join this workshop to gain insight into all of the elements that make a professional school application compelling, including GPA, letters of recommendation, personal statement, a variety of experiences, and more.

Speaker(s): Steven Davis, MAPsy

Designing your Premed Journey with Resources from the AAMC

Join AAMC representatives for a live presentation that will cover AAMC tools and resources for premed students seeking to begin their medical education journey, including the Summer Health Professions Education Program (SHPEP), AAMC Pathway Program Resources, the AAMC Fee Assistance Program, the Medical College Admission Test® (MCAT®), the AAMC Medical School Admission Requirement™ (MSAR®), the American Medical College Application Service® (AMCAS®), the AAMC PREview® Professional Readiness Exam (PREview®), and our Financial Information, Resources, Services & Tools (FIRST) program.

Speaker(s): Cate Jackson; Nia Brown

Diversity and Non-Traditional Pathways in Medicine

Thinking about becoming a doctor? There are many nontraditional paths that can lead you there and every experience in the medical field can help shape your future in healthcare. In this session, you'll explore various opportunities the medical field offers and gain insight into the steps toward becoming a physician. Discover how your unique journey can lead to a rewarding career as a doctor.

Speaker(s): Ebere Sonoiki, MD, PhD

Establishing and Building a Solo Medical Practice

Explore how key augmentations to a medical practice, such as real estate development and ambulatory surgery center management, can open opportunities beyond clinical care. Hear a detailed, first-hand account of the business strategies used by an ophthalmologist to establish an eye surgery center. Gain insight into balancing clinical care with business, creating long-term career flexibility, and developing an exit strategy for the future.

Speaker: Gregory Tesluk, MD

Exploring a Career in Pediatrics

Explore the field of pediatrics, a discipline devoted to providing quality care for both children and families. This workshop helps break down the different paths within pediatrics and highlights the importance of the career in the medical world. Come see if pediatrics could be the perfect career path for you!

Speaker(s): Robert Riewerts, MD

Faith and Medicine

What happens when faith and medicine meet at the bedside? This workshop dives into real-life cases where provider and patient beliefs may differ. You will learn how to handle these moments with empathy and respect. Come to explore a chaplain's views on ethical dilemmas, grief support, and how to provide care that honors every patient's faith.

Speakers(s): Rev. Samuel Brown-Dawson

Gaining Clinical Experience to Strengthen Your Application & Understand Healthcare in Action

Ready to explore the wide range of healthcare opportunities ahead? This session offers guidance on building meaningful experiences, gaining valuable perspectives, and equipping yourself with the skills needed to succeed in your future career path.

Speaker(s): Janny Ukaegbu

General Admissions Information & Application Tips

A new application cycle is coming, and you still feel unconfident about the medical school application process? This workshop will provide an overview of admissions requirements and share useful tips to help you craft a strong application, highlight your strengths, and move forward with success on your path to medicine.

Speaker(s): Woubejig Shiferaw, MA

Hands Only CPR & AED Training

The time between onset of cardiac arrest and initiation of CPR is a statistically significant factor between life-and-death in cardio-pulmonary emergencies. This hands-on workshop will teach participants life-saving Hands-Only CPR and how to properly use an Automated External Defibrillator (AED). Speaker(s): UC Davis Fire Department Firefighters and Student EMTs

How to Conduct a Dental Exam

Step into the role of a dentist in this interactive session where you'll learn how to perform a basic dental exam. Participants will practice key techniques for identifying oral health concerns and gain hands-on experience in understanding the foundations of patient assessment. Perfect for students curious about dentistry or exploring careers in oral health.

Speaker(s): Allan P. Capinpin, DDS

Introduction to Chiropractic Care

Discover the art of hands-on musculoskeletal care in this interactive workshop! Explore key orthopedic assessment skills, watch a live demonstration of chiropractic adjustments, and practice palpation techniques with peers. By combining observation with guided practice, this session provides a unique opportunity to step into the world of musculoskeletal health and learn clinical techniques firsthand. You won't want to miss this experience!

Speaker(s): Rachel Howley, DC

Introduction to Working with Transgender and **Gender Nonbinary Patients**

Do you want to create a welcoming environment for your transgender and gender nonbinary patients, but don't know where to start? This workshop will introduce language and concepts related to sex and gender, and then explore best practices to make any space safer and more inclusive for gender diverse individuals.

Speaker(s): Miles Harris, MS, FNP-BC, AAHIVS

Is a Post-Baccaleurette Program Right for You?

Thinking about life after graduation? Not every pre-med path is straight to med school, and that's okay! This workshop unpacks Post-Bacc and Special Master's Programs, showing how they can boost your GPA, add valuable experience, and keep you competitive for the next step in your journey. Speaker(s): Courtney Klipp, M.S.

Leading with Compassion and Innovation: Exploring **UC San Diego School of Medicine's COAST** Curriculum

This session will explore how COAST prepares future physicians to deliver compassionate, patient-centered care while embracing innovative approaches to medical training. Attendees will gain insight into how the curriculum equips students with the tools to adapt, lead, and shape the evolving future of healthcare.

Speaker(s): Rodrigo Gutierrez, Jr. and current UC San Diego medical students

Mental Health & NARCAN

Be prepared to make a difference when it matters most. This workshop blends mental health awareness with hands-on overdose prevention training. Learn to recognize the warning signs of an opioid overdose and practice how to properly administer Narcan. You'll gain both knowledge and confidence to take lifesaving action in emergency settings. Speaker(s): Health 34 Staff

Mindful Drawing

Whether you are an artist or a beginner, this workshop invites you to explore drawing as a way to recharge and practice mindfulness. Through simple, interactive art activities, you'll learn how creativity can reduce stress, improve focus and build resilience for your future in medicine. Come explore the connection between artistic expression and mental clarity! Speaker(s): Jesse Koskey, MD

Narrative Medicine

We are surrounded by stories. We hear and tell them every day. They shape how we know ourselves and others, and in the clinical setting, they are often the primary way patients communicate with caregivers. Narrative medicine honors stories, training us to better receive, listen, and act. In this workshop, led by USC's HEAL and Narrative Medicine Programs, attendees will explore its origins and methods. Speaker(s): Erika Wright, PhD

Natural Preventative Medicine

Discover the world of naturopathic medicine! Learn how holistic practices can transform wellness and gain valuable insights to enhance your own health. Whether you're interested in alternative medicine or expanding your healthcare knowledge, this session offers inspiration and practical takeaways for everyone!

Speaker(s): Sarah Abel, CNS, ND

Neuropathology

Step into the fascinating world of neuropathology and explore how specialists in this field play a vital role in diagnosing diseases of the brain and nervous system. You'll also gain insight on training required to become a neuropathologist, the career paths available, and the impact these physicians have on patient care, research, and advancements of our understanding of the nervous system.

Speaker(s): Vihar Patel, MD

PA-CAT Test Prep

Get ready to conquer the PA-CAT! This workshop will help fuel your journey by sharpening essential subject knowledge, discover ways to maximize your study time, gain tools to manage stress with confidence, and share insider secrets. Whether you're at the beginning of your path or polishing your skills to perfection, you'll leave with empowering tools and confidence to face the exam head-on.

Speaker(s): Douglas K. McMore

Path to a Career in Nutrition & Dietetics

Are you passionate about health, wellness, and helping people adopt sustainable lifestyles? Then get on track towards becoming a Registered Dietitian Nutritionist (RDN)! Learn about educational paths, clinical training, and certifications required for a career in this profession, as well as the variety of settings in which nutritionists are needed. This session will guide you to a career where you can merge science with healthcare and patient-focused care! Speaker(s): Joan S. Frank, MS, RDN, FAND

Pathways to the Health Professions

Undecided about which field in health is right for you? Join our workshop with Western University of Health Sciences to explore a variety of healthcare fields, including medicine. dentistry, pharmacy, and more. Hear about each program, gain valuable insights, and get your questions answered during a live Q&A.

Speaker(s): Jose Perez; Martin Williams; Maya Smith-Kincaid; Richard Medina; Sarah Campos; Shea Heagle, MS; Theodore Pe

Performing a Veterinary Exam on a Goat

From textbook to stethoscopes: practice clinical skills on a goat! In this interactive workshop, you will observe and take part in a live goat examination, learning essential skills and techniques using real veterinary equipment. Whether you are curious about veterinary medicine or preparing for a future in animal healthcare, this is your chance to strengthen your clinical skills under the guidance of an experienced veterinarian. And best of all, you get to practice those skills on a real goat!

Speaker(s): Gabriele Maier, DVM, MVPM, PhD, DACVPM

Preparing Medical Students for Future-Facing Clinical Practice and Health Systems Leadership

Are you passionate about making a difference in healthcare? Whether you're just starting to explore a career in medicine or are ready to take the next step, this session is designed to inspire and inform your decision. Come join speakers from Kaiser Permanente Bernard J. Tyson School of Medicine to learn about these opportunities and how to become a competitive applicant.

Speaker(s): Lindia Willies-Jacobo, MD, FAAP; Agasia Lanier, M.Ed, MS

PT & OT Case Study

Step into the world of rehabilitation through real-life case studies in physical and occupational therapy! Learn how therapists evaluate patients, build treatment plans, and guide them on their journey to recovery through the use of basic evaluation measures. Don't miss this chance to gain hands-on experience with evaluation tools such as goniometers and sensory testing kits!

Speaker(s): Rajvinder Bains, OTD, MS, OTR/L, CEAS, CBIS; Issa Flores, PT, DPT

Suturing Techniques

Get ready to stitch like a pro! This interactive suturing workshop will guide you through the essentials of medical stitching in a fun and engaging way. You'll learn step-by-step techniques such as knot tying, proper instrument handling, and effective wound closure, while practicing with hands-on materials designed to build your confidence. Whether you're a beginner or just want to sharpen your skills, this session is open to any pre-med students interested in learning more about suturing from local practicing physicians!

Speaker(s): Michael Jaroslow

The Geriatric Experience: What is it like to get older?

Explore the realities of aging, from hearing and vision loss to cognitive changes, while examining how ageism impacts healthcare. Learn practical strategies to support older adults with dignity and autonomy, and gain insight into the evidence-based IHI Age-Friendly Health Systems initiative improving care across settings.

Speaker(s): Anna Satake, PhD, MSN, GCNS, RN

The MD/PhD Pathway: Bridging Research & Health

Curious about combining clinical care with scientific discovery? This workshop explores the structure of MD/PhD programs, the pros and cons of pursuing a dual degree, and what life as a physician-scientist looks like. You'll also gain application tips and insights into how this career path can uniquely position you to advance both medicine and research.

Speaker(s): Megan Williams, PhD; Michael S. Kay, MD, PhD

Tissue and Organ Donor Services

Donation services, a unique but very important part of the medical field, are rich in healthcare opportunities. This workshop will guide you through the different careers in this field as well as the various types of donations. If you want to go into surgery, nursing, clinical lab sciences, or are just interested in looking into different careers in the medical field, this workshop is for you!

Speaker(s): Heather Pratt, RN, BSN

UCLA DGSOM's PRIME-LA Track:

Training Community-Focused Leaders in Medicine

Providing care in underserved communities and combating health disparities is important for future healthcare leaders. This workshop discusses barriers such as racism and stigma, along with other challenges that prevent or hinder access to healthcare. Attendees will learn how to improve access and care for these communities.

Speaker(s): Alejandra Torres M.Ed; Brandon Garcia MS, M.Ed

Notes



Tomorrow's physician leaders and advocates for California communities

Leadership & Advocacy

- Summer Foundations Program Mentorship
- Longitudinal PRIME mentorship

PROGRAM HIGHLIGHTS

Curriculum

• Early Clinical Experiences

Cohort Project

• Community partnered project

Research

• Health disparities research

Master's Degree

• All students complete a master's program of their choice

PRIME-LA, David Geffen School of Medicine at UCLA

Email: primeadmissions@mednet.ucla.edu | Website: www.medschool.ucla.edu/prime | @ @primela_bruins





Workshop Session 2 Descriptions 2:00 PM - 2:45 PM

Building a Successful MCAT Study Plan

Preparing for the MCAT doesn't have to be overwhelming. Join Hunter Enright, Associate Director of MCAT from MedSchoolCoach, for a session on how to design a study plan that works. Learn how to balance content review with practice, avoid common pitfalls, and use the right strategies to boost your score and confidence on test day.

Speaker(s): Hunter Enright

Business & Entrepreneurship in Healthcare Panel

At this workshop you will learn about medical entrepreneurship basics: beginning startups, operating healthcare practices, and navigating insurance and financial complexities. Hear from business owners about what entrepreneurial thinking can accomplish for patient care and career potential. Whether you aspire to begin a clinic or understand healthcare's financial side, you'll receive a foundation at this session to help with the first step!

Speaker(s): Jamson Wu, DDS, MSD; Rachel Howley, DC; Gregory Tesluck, MD

Careers and Futures of Pharmacy

Did you know there is more to pharmacy than just retail? With new advances in technology and drug discoveries, there are more options to explore within this field. Join this workshop to learn about the different pathways in pharmacy and see if it is the right career path for you!

Speaker(s): Kelly Liang

Ethical Engagement in Global Health: What Every Pre-Health Student Should Know About Responsible Clinical Internships

This workshop will help you explore cultural sensitivity, ethics, and best practices for global health internships specifically designed for pre-clinical students. You'll have the opportunity to meet with directors and alumni of International Medical Aid (IMA), hearing firsthand experiences and insights gained from past students in sites across East Africa and South America. Come learn how to navigate global health internships with cultural awareness, compassion, and advocacy. Speaker(s): Homayon Ghassemi, Ahmad Elarid

Explore, Engage, and Take Charge: The CNU Integrative Healthcare Education Experience

What does it take to prepare the next generation of physicians and healthcare leaders? Hear from experts at California Northstate University as they discuss the strong academic foundation, vital clinical skills, and research experience offered in CNU's integrative healthcare education programs. Speaker(s): Ahmed El-Shamy, PhD; Christine Deere, PhD; Melissa Sheldon, MBA; Pinelopi Xenoudi, DDS, MS; Rikki Corniola, PhD; Tiffany Kreys, PharmD, BCPP; Veronica Dobson, Psv.D

Exploring Osteopathic Manipulative Treatment

Ever wondered what makes osteopathic medicine unique? Get ready to learn about and practice hands-on Osteopathic Manipulative Treatment techniques, led and guided by an osteopathic physician, for diagnosing and treating illness. Speaker(s): Victor Nuño, DO

Foundations of Pathology

What is pathology and how do you work in the field? Learn from a UC Davis Health Pathologist about the diverse careers and academic journeys required to work in the field. You will receive an overview of the various processes to become qualified and work in hospitals or laboratories. Through this workshop, you will gain expertise from a professional and have the chance to ask them questions directly! Speaker(s): Jaclyn Watkins, MD, MS

Future Health Leaders Wanted: How California is Paying You to Serve Communities in Need

Discover how California is investing in the next generation of healthcare leaders! This workshop highlights scholarships and loan repayment programs that make traditional healthcare careers like medicine and nursing more attainable, while also introducing alternative pathways such as BH-CONNECT and the Certified Wellness Coach program. Whether you're committed to becoming a doctor, exploring nursing, or curious about behavioral health, you'll learn how HCAI can support your education and open doors to careers that improve health equity across California.

Speaker(s): Dr. Lemeneh Tefera, MD, Chief Medical Officer, HCAI

Genetic Counseling Case Study

Want to learn how to think like a genetic counselor? In this workshop, get ready to analyze a case study that will test your critical thinking skills and make you carefully scrutinize details so you can practice how professional genetic counselors work through their cases.

Speaker(s): Makenzie Fong, MS, LCGC; Julia Martinez, MS, LCGC

Hands Only CPR & AED Training

The time between onset of cardiac arrest and initiation of CPR is a statistically significant factor between life-and-death in cardio-pulmonary emergencies. This hands-on workshop will teach participants life-saving Hands-Only CPR and how to properly use an Automated External Defibrillator (AED). Speaker(s): UC Davis Fire Department Firefighters and Student EMTs

Integrating Nutrition Into Healthcare

Explore the powerful connection between nutrition and health in this interactive workshop! Through real-world examples and engaging discussion, you'll explore how dietary choices impact a wide range of health conditions and how nutrition can be used to enhance patient care and wellness. Perfect for future healthcare professionals - this session highlights the vital role of nutrition in modern medicine.

Speaker(s): Joan S. Frank, MS, RDN, FAND

Interview Day Preparation and Tips

Want to nail medical school interviews? This workshop will equip you with strategies to prepare for and stand out on interview day. Learn how to present yourself with confidence, answer common and challenging questions, and avoid pitfalls. Whether you're preparing for traditional, panel, or hybrid formats, this session will help you approach your interviews with clarity and impact.

Speaker(s): Avril Genene Holt, PhD; Patrice Harold, MD

It's a Jungle Out There: Navigating the Path to **Veterinary School and Beyond**

Wondering what it really takes to get into veterinary school? Join UC Davis veterinary students as they share their journeys—barriers they faced, strategies that worked, and lessons learned along the way. In this Q&A panel, you'll gain insight into choosing schools, building a competitive application, and exploring diverse career options. Come prepared with questions and leave with practical guidance to help you navigate your own path to veterinary medicine. Speaker(s): Brandy McCall

Learn to Listen Like a Doctor: The Art of Clinical Reasoning

Step into a doctor's shoes and practice the skills behind dynamic patient care! Discover how physicians listen to patients and process information to reach a diagnosis. This workshop introduces the art of clinical reasoning and critical thinking skills needed to correctly interpret patient information and improve the delivery of patient centered care. Speaker(s): Lucy Shi, MD

Letters of Rec & Making Connections Panel

Connecting with professors and professionals, as well as asking for letters of recommendation, can be a daunting task. This workshop will give attendees the chance to ask professors all about networking! They will receive advice on how to make a lasting impression and build professional

Speaker(s): Brie Tripp, PhD; Jonathan Bragg, PhD; Loralyn Taylor, MS, M.P.H., Ph.D.

Mapping Your Path To A Healthcare Career: Pathway **Programs For Transfer Students**

Dreaming of a future in healthcare but unsure how to stand out? This workshop will show community college students how to become top applicants for competitive graduate health science programs. Discover how to build your career roadmap, gain clinical and research experience, and develop skills and connections that open doors. Learn how University of the Pacific's Graduate Health Pathway programs support transfer students with personalized advising, mentorship, and hands on opportunities that turn aspirations into achievements.

Speaker(s): Mike Daly, Senior Assistant Director of Graduate Admission; Teresa Martinez, Associate Director of Career Services: Scot Meeker, Director of Recruitment Strategy

Medical Students Panel

Curious about what medical school is really like? Join us for an engaging panel where current medical students share their journeys firsthand. From navigating pre-med and considering gap years, to adjusting to the fast-paced curriculum and finding study strategies that work, the panelists will open up about the challenges and rewards of med school. This is your chance to gain insights, ask questions, and walk away with practical tips and inspiration for your own path to medical school.

Speaker(s): Woubejig Shiferaw, MA (Panel Facilitator); Marlisa Olea-Gallardo, MS4; Savannah Lukkes, MS3; Ahmed Zabiba, MS2; Jose Aguilar, MS2; Kayla Hall, MS2

Medicine & Research in Singapore: What it Takes to Pursue an MD, PhD, or MD-PhD

Discover pathways to an MD, PhD, or MD-PhD at some of the most prestigious universities in Asia! In this workshop, future healthcare professionals can explore opportunities in groundbreaking clinical research and hands-on learning in Singapore's multicultural environment. Join globally-minded peers to plan your applications, explore career paths, and learn how to make the most of these unique opportunities! Speaker(s): London Lucien Ooi; Silke Vogel

Mental Health and Wellbeing

Mental health is an essential yet often overlooked dimension of preparing for a career in healthcare. In this interactive session, participants will learn practical strategies to manage stress, strengthen resilience, and preventburnout—skills that support personal wellbeing and enhanceone's ability to care for others. We'll explore evidence-based approaches, real-world examples, and brief reflectiveexercises to help future healthcare professionals prioritizemental health in academic, clinical, and personal contexts. Speaker(s): Isheeta Gupta, MD

Military Medicine and Healthcare Panel

Come and learn how a career in military medicine combines patient care with service, leadership, and global impact. Hear firsthand from military healthcare professionals about the realities of serving as a medical provider in the armed forces. This Q&A is your chance to ask questions, explore career options, and see if military medicine is the right path for you. Speaker(s): Lieutenant General (Retired) R. Scott Dingle, The 45th Army Surgeon General, MSA, MMAS, MSS, NACD; Colonel Danielle B. Holt, MD, MSS, FACS; Lieutenant Colonel Regan Lyon, MD, FACEP

Mock Multiple Mini Interviews

Get ready to test your interview skills in a dynamic, fast-paced environment! In this session, you will be immersed in different scenarios, obtain instant feedback, and acquire effective key strategies to excel in future professional interviews.

Speaker(s): Douglas K. McLemore; Joon Kim; Marianne Po; Maryann Gomez; Megan Kelly Tisdale; MAEd, MALS; Deepika Ahuja; Allan P. Capinpin, DDS

Performing an Ultrasound

Grab an ultrasound probe and discover what's beneath the surface! This hands-on workshop lets you scan others, explore anatomy live, and learn how imaging connects to real healthcare practice.

Speaker(s): Liliya Klimkiv, MD; Sam Tate, MD

Pharmacy Bingo Adventure: Rx Marks the Spot!

Get ready to learn about roles and opportunities within the field of pharmacy through an exciting pharmacy-themed bingo! Join this interactive session to explore more about diverse pharmacy career pathways and specialties. Come learn about what it takes to become a pharmacist and where this journey can lead. Whether you're just starting to explore the field or deepening your knowledge, this session allows for an entertaining and informative experience of pharmacy! Speaker(s): Lisa Stone, BS, CPhT; Shyla Mariano, PharmD; Alex Koo, PharmD, BCPS

Psychiatry: More Than Medicine

In psychiatry, healing goes beyond medicine. It's about understanding people in the context of their lives. This workshop will give students an inside look at the types of patients psychiatrists see, treatment approaches they use, and diverse career paths within the field. Come to learn how psychosocial factors and systemic issues influence care, offering students a greater view of psychiatry's impact in medicine and society.

Speaker(s): Jesse Koskey, MD

Sports Medicine: Hands-On Bandage & Taping Techniques

Learn the art of athletic taping and bandaging! Discover how simple techniques can prevent injuries, support joints, and aid safe return to play. Whether you're an athlete, future healthcare professional, or just curious, you'll gain practical skills in a fun, hands-on environment. Come ready to wrap, tape, and learn like a pro!

Speaker(s): Alicia Champagne, PhD, ATC; Mary Swanstrom MS, ATC

Stop the Bleed

In emergency situations, every second counts. This workshop will equip participants with practical skills to control severe bleeding using proven life-saving techniques and tools. Attendees will learn when and how to apply direct pressure, pack wounds, and use tourniquets effectively. By the end, you'll feel more confident in responding to real-life emergencies and potentially saving lives before professional help arrives.

Speaker(s): UC Davis Fire Department Firefighters and Student EMTs

Suturing Techniques

Get ready to stitch like a pro! This interactive suturing workshop will guide you through the essentials of medical stitching in a fun and engaging way. Led by an emergency medicine physician, you'll learn step-by-step techniques such as knot tying, proper instrument handling, and effective wound closure, while practicing with hands-on materials designed to build your confidence. Whether you're curious about medical skills or preparing for a future in healthcare, this session makes learning practical, exciting, and approachable for beginners.

Speaker(s): Haley Pollock, MD

The DO Difference

Are you struggling to figure out whether you should become an MD or a DO? This workshop explores what it means to work as a DO, provides insight into the schooling experience, and details how your curriculum can shape your career. Speaker(s): Kyle Hattenburg; Tami Hendriksz, DO, FACOP, FAAP; Heather Ferrill, DO, MS, MEdL; John Graneto, DO, M.Ed., FAAP, FACEP

The Hidden Role of a Pain Interventionist

Pain is an unavoidable part of the human experience. The ability to assess and manage pain plays a critical role in ensuring effective medical care, for those with spinal, musculoskeletal, surgical pain, or other types of pain. Have you ever wondered about the job of an anesthesia-based pain medicine specialist, the provider with a unique set of skills? Join this workshop to discover how anesthesiologists keep patients safe, manage pain, and respond to emergencies, and how the continuum of pain care is managed by a pain specialist!

Speaker(s): Naileshni Singh, MD



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- **Visit our Booth**
- Attend our Session @ 2pm





2pm-Wellman 216 Come hear from our CMO, Dr. Tefera Find out how HCAI can help pay for your education and open doors to healthcare and behavioral health careers that serve California's communities in need.





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Physician Assistant Program



Learn more about the PA program at UC Davis

Workshop Session 3 Descriptions 3:00 PM - 3:45 PM

Crack the DAT & OAT

Preparing to take the dental admission test (DAT) or the optometry admission test (OAT)? Join us for an insightful workshop that will go through all the best ways to start your studying journey. This session will walk through how to create an effective study plan, stay motivated, and keep up your confidence. Our speaker will share different study strategies, tips, and resources to help guide your own journey. Don't miss out on this opportunity to set yourself up for success! Speaker(s): Douglas K. McLemore

Dental School Admissions Panel

Curious about what dental schools are really looking for? This interactive Q&A gives you the chance to hear directly from admissions representatives about the application process, interviews, and what makes a strong candidate. Bring your questions and get honest answers that will help you feel more confident, more prepared, and ready to take the next step in your dental journey!

Speaker(s): Aaron W. Young, PhD; Sarah Campos; Larry Dunham

Hands Only CPR & AED Training

The time between onset of cardiac arrest and initiation of CPR is a statistically significant factor between life-and-death in cardio-pulmonary emergencies. This hands-on workshop will teach participants life-saving Hands-Only CPR and how to properly use an Automated External Defibrillator (AED). Speaker(s): UC Davis Fire Department Firefighters and Student EMTs

Masters in Public Health Admissions Panel

Want the inside scoop on getting into a Master's program in Public Health? Join us for our Master's in Public Health Admission Panel, where experienced admissions faculty are ready to answer all your burning questions. From program prerequisites and application tips to what schools are really looking for, this panel will give you the clarity and confidence you need to take your next step toward a career in public health!

Speaker(s): Nicholas Lim; Olivia Owens; Eric Brabb, MBA

MD & DO School Admissions Panel

Wondering how to stand out in the competitive world of medical school admissions? Join this workshop to gain insider knowledge from experienced leaders and mentors who have guided countless students on their journeys to becoming doctors. Learn the key differences between MD and DO programs, what admissions committees are really looking for, and practical tips to strengthen your application. Whether you're just starting your pre-health journey or preparing to apply, this session will help you feel confident and prepared. Speaker(s): Alesia Wagner, DO, FACOFP; Charlene Green, PsyD; Deborah Berman, MD; Randall L. Nydam, PhD

Nursing School Admissions Panel

Discover what it takes to succeed in nursing admissions by hearing from admission experts at various competitive nursing schools. Learn what programs look for in applicants, how to strengthen your application, and what makes candidates stand out. Come prepared with your questions to gain valuable, personalized advice on navigating the admissions process.

Speaker(s): Camila Ayers-Montero; Ashley Chilla; Francis Nwagbara; Regency Smith, Katharine Leyva, MA

UCDAVIS HEALTH PROFESSIONS ADVISING

The Office of Health Professions Advising serves all UC Davis undergraduates, graduate students, and alumni pursuing any health profession or allied health field. Advisors use a holistic approach while providing support and feedback during academic and application preparation. Advisors provide support with all aspects of the pre-health journey, including navigating application timelines, GPA concerns, and app & interview prep.

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Optometry School Admissions Panel

Applications can be stressful, so what's the secret to getting into optometry school and how can you streamline the process? Join us to hear from admissions representatives from several different optometry schools about tips and tricks that can strengthen your application and highlight your best qualities!

Speaker(s): Angel Barajas, OD, NREMT; Julie Carlson; Lyle Tate, MS; Richard Medina; Sophie Freitas

PT & OT School Admissions

Curious about physical therapy or occupational therapy? Join this interactive workshop to find out what graduate admissions officers are really looking for! Get insider tips on the application process, ask your questions live, and start building your professional knowledge early.

Speaker(s): Amber Bennett, OTD, OTR/L; Kristin Nxumalo, OTD. OT/L. CLT: Martin Williams: Natalie Perkins. PP-OTD. MeD, OTR/L, FIIE, FAOTA

Pharmacy School Admissions Panel

Want to learn more about the journey to becoming a pharmacist? Explore the pathway through medications and prescriptions, and learn what it takes to get into pharmacy school. Get a sense of working in different types of pharmacies, learn the prerequisites for each, and join a Q&A with experienced pharmacists and professors to gain valuable insights into the profession!

Speaker(s): Joel W. Gonzales; Lisa Stone; Johnny Lacey; Monica A. Donnelley, PharmD, BCIDP, BCPS, AAHIVP

Physician Assistant School Admissions Panel

Thinking about PA school but not sure where to begin? This Q&A panel with PA program admissions representatives will give you insider advice on application timelines, interview preparation, common pitfalls to avoid, and what programs are really looking for. Bring your questions and leave with clear guidance to strengthen your application and take the next step toward becoming a PA.

Speaker(s): Olivia Ross; Toccara Bailey, Jules Smith, BS

Scientific Foundations and Career Pathways in **Embryology**

Dive into the fascinating world of embryology and discover how life takes form in its earliest stages. This session explores the scientific foundations of embryology, its impact on medicine and research, and the career pathways open to those interested in this dynamic field.

Speaker(s): Joe Conaghan, PhD, HCLD

Sports Medicine Panel

Join us for an engaging Sports Medicine Panel and Q&A featuring experienced sports medicine professionals. Learn firsthand about injury prevention, rehabilitation, performance optimization, and career paths in the field. Whether you're an athlete, student, or simply interested in health and fitness, this is your chance to ask questions, gain insights, and connect with experts. Don't miss this opportunity to explore the world of sports medicine and discover how it impacts athletes at every level!

Speaker(s): Mary Swanstrom, MS, LAT, ATC; Judd Van Sickle, Jr., MS, MBA

Student-Run Clinics Fair

Interested in gaining meaningful clinical and leadership experience? Explore how these UC Davis student-run clinics provide hands-on learning opportunities and allow direct engagement with and advocacy for underserved communities. This self guided tour of a few of the student-run clinics UC Davis offers will allow you to discover what a path to service looks like and how you can get involved. Speaker(s): Hmong Lifting Underserved Barriers (HLUB) Clinic, Imani Clinic, Nadezhda Clinic, Vietnamese Cancer Awareness Research and Education Society (VN Cares), Willow Clinic, Knights Landing One Health Clinic

Unraveling the Code: Exploring Genetic Counseling

Join us to explore the world of genetic counseling and clinical genetics careers that blend science with compassion. Learnhow professionals guide patients through complex information, empowering healthcare decisions and advancing care.

Speaker(s): Shami Ravi, MS, LCGC

Veterinary Medicine School Admissions Panel

This panel brings together admissions representatives from various veterinary medicine schools to share what they look for in applicants. From prerequisite courses to clinical experience, gain a clear picture of how to strengthen your application. Take this opportunity to get your questions answered, connect with the admission professionals, and build confidence as you prepare for your veterinary school journey.

Speaker(s): Brandy McCall; Shelly Deegan; Maryann Gomez

Womxn in Healthcare Panel

"Womxn" is an inclusive term referring to both cis and trans women, as well as non-binary individuals. Embracing and understanding such diversity is an essential component of healthcare. To highlight the voices of this underrepresented group, our panelists aim to answer questions about navigating and thriving within the health field and shed light on the experiences of womxn working across multiple disciplines. Speaker(s): Elisabeth D'Angelo, PhD, CCC-SLP, CBIS; Lally Pia, MD; Lisandra Franco

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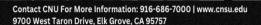
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Programs Overview 2025 – 2026

COLLEGE OF DENTAL MEDICINE		
Doctor of Dental Medicine (DMD) Program duration: Three (3) years Start date: June Location: South Jordan, UT & Henderson, NV campuses Learning modality: On-campus	Advanced Education in Orthodontics & Dentofacial Orthopedics (AEODO) Internship Program Program duration: One (1) year Start date: July Location: Henderson, NV campus Learning modality: On-campus	
Advanced Education in Orthodontics & Dentofacial Orthopedics	Advanced Education in General Dentistry (AEGD) Residency Program	
(AEODO) Residency Program	Program duration: One (1) year Start date: July	
Program duration: Three (3) years Start date: July	Location: Henderson, NV & South Jordan, UT campuses	
Location: Henderson, NV campus Learning modality: On-campus	Learning modality: On-campus	

COLLEGE OF NURSING
Accelerated Bachelor of Science in Nursing (ABSN) Program duration: Less than eighteen (18) months Four (4) start dates: Fall, Spring & Summer (2) Location: Henderson, NV & South Jordan, UT campuses Learning modality: On-campus & hybrid-online options
Doctor of Nursing Practice - Family Nurse Practitioner (DNPFNP) Program duration: Thirty-two (32) months Start date: July Location: Henderson, NV campus Learning modality: Online with two (2) short residency experiences and in person at the student's clinical site for clinical experiential blocks
Doctor of Nursing Practice in Nurse Anesthesia (DNPNA) Program duration: Thirty-six (36) months Start date: July Location: Henderson, NV campus Learning modality: Hybrid-online (On-campus requirement starting mid-year of Year 1 of program start through program completion.)

COLLEGE OF PHARMACY		
Accelerated Doctor of Pharmacy (PharmD)	Dual Accelerated Doctor of Pharmacy/Master of Science	
Program duration: Three (3) years Start date: August	in Pharmaceutical Sciences (PharmD/MSPS) 3+1 Program	
Location: Henderson, NV & South Jordan, UT campuses	Program duration: Four (4) years Start date: August	
Learning modality: On-campus	Location: Henderson, NV & South Jordan, UT campuses	
	Learning modality: On-campus	

COLLEGE OF GRADUATE STUDIES	
MS in Biomedical Sciences (MBS) Program duration: Ten (10) months Start date: August Location: Henderson, NV & South Jordan, UT campuses Learning modality: On-campus or Online	
MS in Pharmaceutical Sciences (MSPS) Program duration: Two (2) years Start date: August Location: Henderson, NV & South Jordan, UT campuses Learning modality: On-campus or Online	
MS in Pharmaceutical Sciences (MSPS) with a focus in Data Science & Health Informatics Program duration: Two (2) years Start date: August Location: Henderson, NV & South Jordan, UT campuses Learning modality: On-campus or Online	

COLLEGE OF MEDICINE

Doctor of Medicine (MD)

Program duration: Four (4) years | **Start date:** July

Location: Summerlin, Las Vegas | Learning modality: On-campus

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Pre-Health Conference at UC Davis is a student-run event by UC Davis student volunteers under the guidance of the UC Davis Health Professions Advising Office.

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A big thank you to the moderators, ambassadors, photographers, and speakers.



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