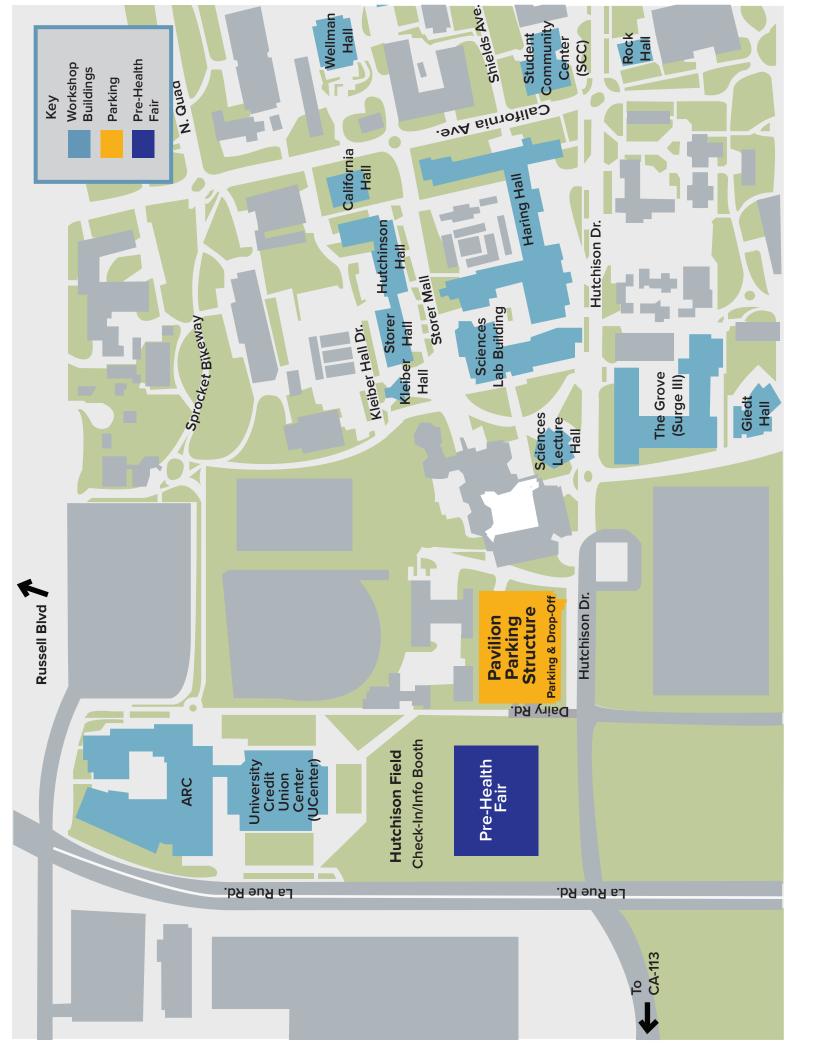


**2022 Pre-Health Conference at UC Davis** *Celebrating 20 years* 





## TABLE OF CONTENTS

Conference Schedule and Logistics	4 - 5
Pre-Health Fair Exhibitor List	7 - 12
Workshop Schedule	14 - 15
Workshop Descriptions	
1:10 PM - 2:00 PM	. 16 - 21
2:10 PM - 3:00 PM	. 22 - 25
3:10 PM - 4:00 PM	. 26 - 29

## Stay connected with us!



Tag your pictures #UCDPHC or #20thPHC to be share your memories and be featured on our Social Media!

If you need assistance during conference, please visit our info booth, For emergencies, call 911.

## 2022 PRE-HEALTH CONFERENCE AT UC DAVIS AGENDA

Please refer to the schedule below for today's events. All times are in Pacific Daylight Time (PDT).

6:00 – 8:00AM	Check-in	•	
	Hutchinson Field	Conference Reminder:	
8:00 – 9:00AM	Morning Welcome Session University Credit Union Center (UCenter)	We do our best to have the most updated printed program, however,	
9:00 – 12:00PM	<b>Exhibitor Fair</b> Hutchinson Field, Direrctory pgs. 7-12	because it is sent to print in advance, there may be additional updates.	
12:00 – 1:00 PM	Designated Lunch Time	Plan to attend the Welcome	
1:10 – 2:00 PM	Workshop Session 1 Description pgs. 16-21	Session for important updates and logsitics of the day.	
2:10 – 3:00 PM	<b>Workshop Session 2</b> Description pgs. 22-25	Additionally, check your e-mail and our website for advanced updates. For day-of updates, visit our social	
3:10 – 4:00 PM	<b>Workshop Session 3</b> Description pgs. 26-29	media. We hope everyone enjoys their	
4:15 – 4:30 PM	<b>Closing Remarks &amp; Giveaway</b> University Credit Union Center (UCenter)	conference day!	

#### MEET OUR KEYNOTE SPEAKER

Piri Ackerman-Barger is Associate Dean for Health Equity, Diversity and Inclusion and a clinical professor at the Betty Irene Moore School of Nursing at UC Davis. She is also the director of Faculty Development for Education and Teaching and co-director for the Interprofessional Teaching Scholars Program. As associate dean for Health Equity, Diversity and Inclusion, Ackerman-Barger leads the school's efforts to create a diverse and welcoming setting in which to learn, work and collaborate. She also designs initiatives so the school's learning environments, workforce, programs, services and partnerships are more diverse and inclusive. She is a national consultant and speaker on strategies to help underserved and underrepresented groups in health professions thrive academically. Ackerman-Barger earned a Bachelor of Science in Nursing from Humboldt State University. She earned a Master of Science in Nursing Education from California State University, Sacramento, and a Doctor of Philosophy in Nursing Education from the University of Northern Colorado.

#### WELCOME TO THE 2022 PRE-HEALTH CONFERENCE AT UC DAVIS !

Welcome to the 20th Anniversary of Pre-Health Conference at UC Davis! This October 15th, 2022 we celebrate our Platinum year. We are excited to welcome the pre-health community to our campus with a return to an in-person setting after 2 years of being virtual. We hope to inspire and help prepare the future health professionals of California, the nation, and world.

The Pre-Health Exhibitor Fair will be held on Hutchinson Field from 9:00 AM to 12:00 PM PST. Please find the **list of schools/organizations that will be exhibiting on pages 7 - 12**. The categories of health professions and institutions/organizations are alphabetized.

Our Didactic and Interactive workshops will be held over three, 1 hour-long, workshop sessions from 1:10 - 4 PM. Please see **pages 14 - 15 for the location and times of each workshop**, along with their **descriptions and speakers on pages 16 - 29.** We encourage you to make a schedule of workshops you would like to attend, as popular workshops will reach capacity quickly. Interactive tickets for interactive workshops will be limited by capacity. Tickets for interactive workshops will be available first-come first-serve basis. More details were sent via e-mail to registered attendees.

#### Having trouble finding the location of a workshop or exhibitor booth?

Look for our interns in the teal colored shirt to guide you, or our workshop moderators in the gray colored shirts. Find the UC Davis campus map on the front cover.



# World-class medical education — with a social mission

## Proud to be nationally ranked #8 in primary care training

At UC Davis Health we foster innovative education, shape community leaders, and cultivate the next generation of physicians who reflect the rich diversity of our world.

As one of the nation's top schools for primary care training as ranked by *U.S. News & World Report*, we're honored to offer students an extraordinary breadth and depth of expertise to help brilliant minds pioneer ahead.

With a national reputation for research, a strong commitment to underserved communities and a passion for patientcentered care, we're transforming health throughout the region and beyond.

Learn more about our student-centered opportunities and how the UC Davis School of Medicine can advance your career.

#### A snapshot: Some School of Medicine distinctions

- Ranked No. 3 in the nation for diversity by U.S. News & World Report
- Among the top 50 U.S. medical schools for NIH research funding, with eight departments in the top 20
- Innovative training programs for serving rural, urban and agricultural communities
- Home to the first state-funded center for firearm violence research

UC**DAVIS** HEALTH

 One of 150 sites for the global Pfizer COVID-19 vaccine clinical trial

## medschool.ucdavis.edu

## **PRE-HEALTH FAIR DIRECTORY**

Please note the directory is subject to change and exhibitors may be located in different category,

#### PLATINUM SPONSOR

Army Health Professions Scholarship Program

#### **CLINICAL LAB SCIENCES**

Graduate School of Biomedical Sciences at Icahn School of Medicine

The University of Queensland/Ochsner Clinical School

#### DENTISTRY

Health Professions Week Boston University Henry M. Goldman School of Dental Medicine California NorthState University College of Dental Medicine Columbia University College of Dental Medicine Oregon Health & Sciences University School of Dentistry The University of Pennsylvania School of Dental Medicine

University of the Pacific, Arthur A. Dugoni School of Dentistry

#### **FINANCIAL ASSISTANCE**

US Navy NTAG Golden Gate

#### MEDICINE (MD/DO/DPM/ND)

Association of American Medical Colleges (AAMC)

Association of American Medical Colleges Summer Health Professions Education Program (SHPEP)

Association of Accredited Naturopathic Medical College

The American Association of Colleges of Podiatric Medicine

Health Professions Week

A.T. Still University

Arizona College of Medicine Midwestern University

Arizona College of Podiatric Medicine Midwestern University

Autonomous University of Guadalajara (UAG) School of Medicine

Barry University School of Podiatric Medicine

#### **Burrell College of Osteopathic Medicine**

California Health Sciences University – College of Osteopathic Medicine

California Northstate University College of Health Sciences

Charles R. Drew University College of Medicine

Columbia University Vagelos College of Physicians & Surgeons

Creighton University School of Medicine

#### **David Geffen School of Medicine at UCLA**

Des Moines University

Duke University School of Medicine - Admissions

#### **DUKE-NUS Medical School**

Icahn School of Medicine at Mount Sinai Office for **Diversity and Inclusion** Idaho College of Osteopathic Medicine (ICOM) Kaiser Permanente Bernard J. Tyson School of Medicine Kaiser Permanente Bernard J. Tyson School of Medicine Kansas College of Osteropathic Medicine Kent State University College of Podiatric Medicine Loyola Stritch School of Medicine Macquarie University Marian University College of Osteopathic Medicine Michigan State University College of Human Medicine Michigan State University College of Osteopathic Medicine National University of Natural Medicine New York College of Podriatric Medicine Noorda College of Osteopathic Medicine Oakland University William Beaumont School of Medicine Pacific Northwest University of Health Sciences PRIME-LA from UCLA David Geffen School of Medicine Rocky Vista University College of Osteopathic Medicine Ross University School of Medicine & AUC School of Medicine (AUC) **Rowan University School of Osteopathic Medicine Rush Medical College** Saba University Sonoran University of Health Sciences St. George's University School Of Medicine Stanford University School of Medicine Temple University School of Podiatric Medicine Texas Christian University Burnett School of Medicine The Ohio State University College of Medicine The University of Arizona College of Medicine - Phoenix The University of North Texas Health Science at Fort Worth/Admissions & Recruitment Touro University California College of Osteopathic Medicine **Trinity School of Medicine** UC Irvine School of Medicine UCR School of Medicine UC San Diego School of Medicine UCSF School of Medicine Uniformed Services University F. Edward Hebert School of Medicine

University of Arizona College of Medicine – Phoenix//Pathway Scholars Program Notes

#### MEDICINE (MD/DO/DPM/ND) CONTINUED

Rosalind Franklin University

#### University of California, Davis - School of Medicine

University of Colorado School of Medicine

University of Incarnate Word - Health Professions

University of Iowa Carver College of Medicine

University of Medicine and Health Sciences

University of Melbourne Faculty of Medicine, Dentistry and Health Sciences

University of Michigan – Michigan Medicine – Office for Health Equity and Inclusion

University of Michigan Medical School – Office of Admissions – Michigan Medicine

University of Minnesota Medical School

University of Nicosia Medical School

University of Pittsburg School of Medicine

University of Utah MD-PhD Program and Biosciences PhD Program

UT Health San Antonio, STX-MSTP (MD/PhD Program)

#### MEDICINE (MD/DO/DPM/ND) CONTINUED

Washington University School of Medicine Wayne State University School of Medicine, Admissions Western Atlantic University School of Medicine West Virginia School of Osteopathic Medicine Western Michigan Homer Stryker M.D. School of Medicine Western University of Health Sciences

#### **MASTERS/GRADUATE PROGRAMS**

Boston University School of Graduate Medical Sciences

Graduate School of Biomedical Sciences at Icahn School of Medicine

UCSF/UC Hastings Consortium on Law, Science & Health Policy, Master of Science in Health Policy and Law Program

Pacific University Oregon (Psychology)

USC School of Pharmacy Research and Graduate Programs

University of Southern California Leonard Davis School of Gerontology

**Conference Reminder:** Don't forget, select exhibitors are also hosting workshops or speaking on panels. Speakers for each workshop are included in workshop descriptions, pages 16 - 29.

## UNIVERSITY OF THE PACIFIC



Athletic Training | Audiology | Clinical Nutrition | Dental Hygiene Dentistry | Nursing | Occupational Therapy | Pharmacy | Physical Therapy Physician Assistant | Social Work | Speech-Language Pathology

Learn more about Pacific's Healthcare Programs
Pacific.edu/HealthCare

#### NURSING

Health Professions Week

#### Betty Irene Moore School of Nursing at UC Davis

Capitol City Black Nurses Association

East Coast Nursing Consortium

MGH Institute of Health Professions

Roseman University of Health Sciences College of Nursing

#### Samuel Merritt University

University of the Pacific School of Health Sciences – Nursing Program

West Coast University & American Career College

#### **OCCUPATIONAL THERAPY**

Health Professions Week Dominican University of California Keck Graduate Institute San Jose State University Department of Occupational Therapy University of St. Augustine **University of the Pacific School of Health Sciences**  **OPTOMETRY** 

USC Occupational Therapy Health Professions Week

Arizona College of Optometry

Marshall B. Ketchum College of Optometry

Rocky Mountain University of Health Professions

UC Berkeley Herbert Wertheim School of Optometry and Vision Science

UIW Rosenburg of Optometry & UIW School of Osteopathic Medicine

Western University of Health Sciences

#### **OPPORTUNITY**

California Department of Health Care Access and Information Global Brigades, Inc. International Medical Aid (IMA) MiMentor by Alliance in Mentorship Stanford Medical Scribe Fellowship (COMET) Vituity

## OUR SCHOOL BUILDS YOUR CONFIDENCE. YOUR PA OR RN DEGREE WILL CHANGE LIVES.

Whether you're interested in becoming a physician assistant or a nurse, the Betty Irene Moore School of Nursing at UC Davis prepares you to be a successful clinician and leader.

Learn how you can grow and go beyond today at **nursing.ucdavis.edu/prehealth**.



#### UCDAVIS HEALTH BETTY IRENE MOORE SCHOOL OF NURSING

GO BEYOND

#### PHARMACY

**Belmont University** 

California Northstate University, College of Pharmacy Chapman University School of Pharmacy Keck Graduate Institute School of Pharmacy Marshall B. Ketchum University Midwestern University College of Pharmacy Pacific University Oregon (Pharmacy) **Regis University** Roseman University of Health Sciences Touro University College of Pharmacy UC Irvine School of Pharmacy & Pharmaceutical Sciences UCSF School of Pharmacy **UIC College of Pharmacy** University of Kentucky College of Pharmacy University of Kentucky College of Pharmacy University of Minnesota College of Pharmacy University of Southern California School of Pharmacy

University of the Incarnate Word Feik School of Pharmacy

University of the Pacific Thomas J. Long School of Pharmacy

#### PHARMACY CONTINUED

University of Utah, College of Pharmacy

USC School of Pharmacy Research and Graduate Programs

University of Washington School of Pharmacy

Washington State University College of Pharmacy and Pharmaceutical Sciences

#### PHYSICAL THERAPY

American Physical Therapy Association Health Professions Week George Fox University Midwestern University Mount Saint Mary's University, Los Angeles University of Utah Department of Physical Therapy and Training Whitworth University DPT/OTD/MSAT University of the Pacific School of Health Sciences



## Applications for the 2024 cohort will open on April 1st, 2023.



Our unique four quarter program is designed for individuals pursuing **any** health profession. Starting each January, students will take a full year's worth of coursework, prepare for the test and have the training to secure a full-time position during your application year.

Individualized academic advising; a comprehensive, in-house test preparation program for MCAT, GRE, and DAT prep; and an application strategy that aligns with your specific needs.

## For more information, visit us online: hpa.ucdavis.edu/postbac

#### **PHYSICIAN ASSISTANT**

Health Professions Week

Boston University School of Graduate Medical Sciences

Creighton University PA Program

Marist College

Marshall B. Ketchum University School of Physician Assistant Studies

Master of Health Services — Physician Assistant Studies Degree Program at the Betty Irene Moore School of Nursing at UC Davis.

University of Iowa- Carver College of Medicine, Physician Assistant Program

University of La Verne, Physician Assistant Program

University of the Pacific School of Health Sciences – Physician Assistant  $\ensuremath{\mathsf{Program}}$ 

#### **POST-BACCALAUREATE / SMP PROGRAMS**

Albany College of Pharmacy and Health Sciences

Baylor College of Medicine, Biomedical Sciences and Health Equity Post-Baccalaureate Program

Boston University School of Graduate Medical Sciences - MS in Medical Sciences, MS in Oral Health Sciences

Case Western Reserve University - MS in Medical Physiology Program

CSUEB/Pre-Professional Health Academic Program (PHAP)

George Washington University Post-Baccalaureate Pre-Medicine Program

Georgetown University Medical Center--Biomedical Graduate Programs

Graduate School of Biomedical Sciences & Professional Studies College of Medicine - Drexel University

Kansas City University-- Dentistry & Post Baccalaureate/Special Masters Programs

Kansas City University-- Medicine & Post Baccalaureate/Special Masters Programs

Mississippi College

SF State University -CEL, Pre-Health Post-Bac Programs

UC Davis Health Professions Post-Baccalaureate Program

#### **PUBLIC HEALTH**

Association of Schools and Programs of Public Health

Health Professions Week

Boston University School of Public Health

Columbia University Mailman School of Public Health

Child Family Health International

George Washington University -- Milken Institute of Public Health

Harvard T.H. Chan School of Public Health Office of Admissions

Herbert Wertheim School of Public Health and Human Longevity Science (HWSPH) at UC San Diego

Icahn School of Medicine, Graduate Program in Public Health

Johns Hopkins Bloomberg School of Public Health

NYU School of Global Public Health

#### **PUBLIC HEALTH CONTINUED**

Ohio State University College of Public Health

Rutgers School of Public Health

St. George's University - Masters of Public Health

Texas A&M University School of Public Health

Tufts University School of Medicine Public Health and Professional Degree Programs

Tulane University School of Public Health and Tropical Medicine

UC Berkeley - School of Public Health

UCLA Fielding School of Public Health

University of California, Davis Public Health Sciences Department within UCD Health

University of Minnesota School of Public Health

University of Nebraska Medical Center - College of Public Health

University of Washington School of Public Health, Department of Health Systems and Population Health

#### TEST PREP

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**Blueprint Test Preparation** 

ExamKrackers

Jack Westin

Kaplan Inc.

MedSchoolCoach

The Princeton Review

#### **VETERINARY MEDICINE**

Health Professions Week

Iowa State University College of Veterinary Medicine

Kansas State University College of Veterinary Medicine

#### Louisiana State University School of Veterinary Medicine

Massey University School of Veterinary Sciences

Ross University of Veterinary Medicine

Royal Veterinary College, University of London

St. George's University - School of Veterinary Medicine

The University of Sydney, Australia School of Veterinary Science

#### UC Davis School of Veterinary Medicine

University of Arizona College of Veterinary Medicine

University of Melbourne Faculty of Veterinary and Agricultural Sciences

University of Minnesota College of Veterinary Medicine

University of WI-Madison, School of Veterinary Medicine

**VIN** Foundation

Notes



## Education + Compassion

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## WORKSHOP SCHEDULE

For descriptions of all workshops, please refer to pages 16 - 29.

Note: Workshops and locations are subject to change. Stay connected to our website and social media feed for updates.

Attendees will also be able to check room signage for correct workshop locations. Workshop space is on a first-come, first-serve basis. We encourage highlighting workshops you plan to attend in order to maximize your day.

<u>г</u>		
Room	Workshop Session 1 1:10 - 2:00 PM	
	1.10 - 2.00 F IVI	
The Grove 1309	From Applicant to Student and Beyond: Vet Students Share Their Stories of Barriers and Successes	
Storer 1322	Sharing Your Life Challenges on Your Medical School Application	
Storer 1342	All about Genetic Counseling	
Geidt 1001	Tackling the Dental School Application: Institutional Advice and Experiences of Current Dental School Students	
Geidt 1002	Health Career Planning for the Undecided Student	
Geidt 1003	What Can I Do with My Pharmacy Degree?	
California Hall	UC Davis School of Medicine Admissions	
3 Kleiber Lecture Hall	All about PAs	
Wellman 2	All about MD/PhDs	
Wellman 26	Exploring Health Professions Session 1	
Wellman 106	What Is Your Why? Why Might You Pursue a Career in Medicine?	
Wellman 115	Tailoring Your Resume to Pre-Health Opportunities	
Wellman 119	Preparing for the GRE	
Wellman 126	Finally, Affordable Free Test Prep!	
Wellman 202	Utilizing Resources from the Association of American Medical Colleges (AAMC) to Support Your Journey to Medical School	
Wellman 216	Careers in Sports Healthcare	
Wellman 226	Navy Healthcare Scholarships	
Wellman 230	Love the Lab? Consider Clinical Lab Sciences	
Wellman 234		
SCC Room D	Routes to Nursing: ABSN vs ELMSN	
ARC Ballroom B	Student-Run Clinics at UC Davis Fair	
UCenter Floor	Humanitarian Efforts in Deployed & Non-Deployed Environments	

#### **INTERACTIVE WORKSHOPS**

We are excited to host a variety of interactive sessions for attendees to explore health professions through hands-on or small group activities.

Tickets will be required to attend and will be available on a first-come first-serve basis. More details sent via e-mail to registered attendees on the process. Locations for interactive workshops will be included on the ticket.

#### Workshop Session 1 1:10 - 2:00 PM

The Ins and Outs of Suturing with the US Army

Problem Solving as a Medical Scribe

Introduction to Acupuncture and Related Treatments

Foot Casting

Mock Clinical Case Studies in Occupational Therapy Wilderness Medicine: Techniques Learned in the Real World

Be The Dean: Learn to Review Applications with Boston University School Of Medicine Admissions

Tailoring Your Resume to Pre-Health Opportunities

Personal Statement Review

#### **WORKSHOP SCHEDULE**

Room	Workshop Session 2 2:10 - 3:00 PM	Workshop Session 3 3:10 - 4:00 PM
The Grove 1309	Showing Your Purpose, Passions, and Personality in your Veterinary School Application	Veterinary School Admissions Panel
Storer 1322	What is Advanced-Practice Nursing & Why YOU Should Pursue It	
Geidt 1001	Applying to Pharmacy School	Dental School Admissions Panel
Geidt 1002		Pharmacy School Admissions Panel
Geidt 1006	Finding Your Fit: Speech-Language Pathology & Audiology	Research as Part of your Dental School Experience
Geidt 1007	All about Healthcare Social Work	The Role of Pharmacists in Managing Infectious Diseases
California Hall	Being and Pre-Med: Perspectives from Current Medical School Students	Medical School Admissions Panel
Sciences Lecture Hall	UCSF: Mock Dentistry Admissions Committee Activity	Physician Assistant Program Admissions Panel
3 Kleiber Lecture Hall	Everything You Need to Know about Applying to Medical School	
Rock Hall	Promoting Health Equity	Nursing Program Admissions Panel
Wellman 2	Womxn In Healthcare	Public Health Program Admissions Panel
Wellman 6	All about Health Policy & Law	The A to Zzzs of Sleep Medicine
Wellman 26	Post-Bacc Program Admissions Panel	Physical Therapy Program Admissions Panel
Wellman 106	Finding Your Mission in Medicine	
Wellman 115	All about Dietetics and Nutrition	
Wellman 119		Deciding from Your Options for Medical School: MD, DO or Caribbean
Wellman 126	Ins and Outs of Public Health—Next Stop, Applying to Graduate School	
Wellman 202	What to Expect as a Medical Student in Singapore	Left of the Bell Curve: A Story of Resilience in Pursuit of Your Dream Health Career
Wellman 216	Successful Outcomes: From Saba University School of Medicine to a Stanford Fellowship	Optometry School Admissions Panel
Wellman 226	Debunking the 6 Myths of the MCAT	Pre-Med Management Tool
Wellman 230	Summer Health Professions Education Program	
Wellman 234	Exploring Health Professions Session 2	Occupational Therapy Program Admissions Panel

#### Workshop Session 2 2:10 - 3 PM

Military Working Dogs: Common Injuries/ Emergencies

The Ins and Outs of Suturing with the US Army

Genetic Counseling Case-Based Discussion

What D.O. You Do In Medical School: Hear From Current Medical Students Hands-Only CPR Taking Vitals

Performing Clinical Skills

Preparing for the "Unpreparable": Situational Judgment and Competency Assessments

#### Workshop Session 3 3:10- 4 PM

The Ins and Outs of Suturing with the US Army

Introduction to PM&R and Musculoskeletal Ultrasound

The YOU Factor: Leveraging Diversity in Your

Pharmacy School Interviews Stop the Bleed

Knocking on Death's Door: Exploring the Vital Role of Anesthesiologists in Surgical Care Dietetics: Patient Centered Thinking

Tackling Complex Health Problems: It Takes A Community!

Mock MMI

Preparing for the "Unpreparable": Situational Judgment and Competency Assessments

Neonatal Lines

## WORKSHOP SESSION 1 1:10 PM - 2:00 PM (PDT)

#### All about Genetic Counseling

Genetics has come a long way in both science and medicine, highlighting the importance of genetic counseling. It is a social process of empowering patients and families to make valuable decisions based on genetic information. Join us to learn more about genetic counseling and how to pursue it. *Speaker Name: Makenzie Fong, MS; Noura Osman, MSc, CGC* 

#### All about MD/PhDs

Interested in pursuing an MD or a Ph.D. in the future? Have all your questions answered as you learn all about the MD/PhD path and discover if this route is worth your while. *Speaker Name: Nancy Schwartz, PhD* 

#### All about PAs

Are you curious about what being a Physician Assistant entails? Be sure to attend this workshop to learn all about the lifestyle and purposes of a PA directly from professionals and discover whether this career path is best fit for you.

Speaker Name: Michelle Touw, MMS, PA-C

#### Be The Dean: Learn to Review Applications with Boston University School Of Medicine Admissions

What makes an applicant more competitive for medical school admission? Take a seat as an admissions committee member to see what admissions committees look for in applicants. See where your evaluations stack up with the Associate Dean of Admissions at Boston University School of Medicine! Speaker Name: Kristen Goodell, MD

#### **Careers in Public & Global Health**

Public Health encompasses a wide-range of topics, from infectious diseases like HIV/AIDS to the consequences of climate change. Come learn about some of the many careers possible in this field, through this Q&A with different health professionals.

Speaker Names: Carrine Brody, MPH, MA, DrPH; Candy Linnell; Representative from Touro University of California

#### **Careers in Sports Healthcare**

Come learn about the wealth of careers at the intersection of athletics and healthcare, from physician to physical therapist. Health professionals will be answering all of your questions about their roles as healthcare providers and the different ways they work with athletes.

Speaker Names: Marcia Faustin, MD; David Tran, DPM, MS; Scott Thompson, MPT, EdD; Shannan Rowe DAT, ATC

#### Exploring Health Professions Session 1

With many careers possible in healthcare, it can be difficult to find the right one for you. This panel is an opportunity for you to connect with different healthcare workers and ask questions to help you find your fit in this field.

Speaker Names: Marianne Pop, PharmD, MPH, BCPS; Inderpal Biring, DO; Heather Henderson PT, DPT, NCS; Hana Rashid, DDS

#### Finally, Affordable Free Test Prep!

Learn more about affordable test prep through the Jack Westin site! It has an abundance of free, open-access resources for pre-med students. Whether you need content review, practice questions, live classroom instruction, or anything else, we've got it!

Speaker Names: Joseph Toth, Ryan Ellefsen

#### **Foot Casting**

If you've ever broken a bone or knew someone who broke a bone, the first thing you see is a cast. Have you ever wondered how doctors mold or make that cast fit that person? In this workshop, you will have the opportunity to learn and practice how to cast a foot. Join us and learn something new! *Speaker Names: Chandler Hubbard, DPM, FACPM; Saba Sadra DPM, MS* 

#### From Applicant to Student and Beyond: Vet Students Share Their Stories of Barriers and Successes

Becoming a veterinarian isn't easy, so it always helps to hear from others about their own journeys. Hear current veterinary students discuss their own experiences before and during veterinary school. They'll cover everything from application basics to finding time for 'life' in school.

Speaker Names: Brandy McCall, MBA; Julianne Nussbaum; Yanbin Fang; Celeste Chen; AJ Frank ; Isabel Vaishampayan; Shannon Mathis

## Conference Reminder:

UC Davis is a large and beautiful campus. Don't forget to check the map in the front cover for help getting to workshops.

Lost? Ask for help from one of our volunteers! Interns will be in teal and workshop moderators will be in gray.





#### 530-752-1383 SVMAdmissions@ucdavis.edu • www.vetmed.ucdavis.edu



UCDVetMedAdmissions



#### Health Career Planning for the Undecided Student

If you are interested in the health field but not sure what career to choose, this workshop is for you! Attendees will get a general overview of the career options in healthcare and their respective educational requirements.

Speaker Names: Mike Daly; Dr. Jed Grant; Dr. Jeannene Ward-Lonegran

## Humanitarian Efforts in Deployed & Non-Deployed Environments

Join Major Martina TaylorCampbell, DNP, CNML as she discusses her experiences being an Army nurse, while also providing insight into the range of efforts the Army undertakes while conducting humanitarian operations across the globe!

Speaker Name: Major Martina TaylorCampbell, DNP, CNML

#### Introduction to Acupuncture and Related Treatments

If you were ever curious about how acupuncture works, here is your chance to learn about acupuncture education, treatments, and modalities. Hear about the day in the life from an acupuncturist, and see a demonstration of a typical treatment session in this interactive experience!

Speaker Name: Nathalie Valkov, PhD, L.Ac

#### Love the Lab? Consider Clinical Lab Sciences

Looking for a career path that combines the challenges and rewards of research and medicine? Join us and come learn about the Clinical Lab Sciences- an exciting profession that provide a vital role in assisting healthcare teams with patient diagnosis and treatment.

Speaker Name: Sharon McGoldrick MEd, CLS

#### Mock Clinical Case Studies in Occupational Therapy

Curious to know more about occupational therapy? Come participate in this interactive workshop to learn about evidence-based OT techniques behind improving patients' motor skills, motor planning, and self-regulation skills. Speaker Name: Amber Bennett, OTD, OTR/L

#### Navy Healthcare Scholarships

The navy needs healthcare providers too! Come learn about scholarship opportunities for healthcare careers in the navy! We're lucky enough to have a Q&A with a current medical doctor for the Navy who will be sharing about their experience in the field.

Speaker Names: Oscar Ponce; Dave Aseff, MD

## UCDAVIS HEALTH PROFESSIONS ADVISING

The Office of Health Professions Advising **serves all UC Davis undergraduates, graduate students, and alumni** pursuing any health profession or allied health field. Advisors use a holistic approach while providing support and feedback during academic and application preparation. Advisors provide support with **all aspects of the pre-health journey**, including navigating application timelines, GPA concerns, and app & interview prep.

#### Advising

Meet one-on-one with an experienced pre-health advisor during our:

- > Express Advising
- > Zoom Drop-Ins
- > Scheduled Appointments

hpa.ucdavis.edu/advising

#### **Events**

Learn from pre-health advisors, health professionals, and professional schools at: > Workshops > Large Events > Longterm Programs

hpa.ucdavis.edu/events

#### Stay connected at hpa.ucdavis.edu or at Linktr.ee/ UCDHealthProfessionsAdvising



#### **Test Prep**

When you're ready to prepare for the MCAT or other test, we offer free services and events:

- > Test Prep Drop-Ins
- > Free Mock Exams
- > Workshops

hpa.ucdavis.edu/TestPrep

#### **Personal Statement Review**

In this workshop, you have the opportunity to get your personal statement reviewed by a qualified health professional speaker who will offer you advice, tips, and ways to improve your personal statement. Please print out and bring your personal statement to participate in this workshop.

Speaker Names: Representatives of Health Professional Schools

#### **Preparing for the GRE**

The Graduate Record Exam is a common standardized test required by a wide range of graduate programs throughout the nation. This workshop will equip you with knowledge on how to approach the test and the preparation process. *Speaker Name: Douglas McLemore* 

#### Problem Solving as a Medical Scribe

Medical notes are a crucial part of healthcare. Learn how scribes write workshops and participate in a mock provider/ patient interaction to gather patient history, analyze a case, and create your own medical note.

Speaker Names: Dil Singh, Jerald Jianoran

#### **Routes to Nursing: ABSN vs ELMSN**

Are you interested in nursing but unsure of which path to take towards the field? This workshop will provide insight into the two main types of nursing-school programs, to help you find the right match for your journey.

Speaker Name: Shana Ruggenberg, EdD, RNC-OB, CNS, CNE

## Sharing Your Life Challenges on Your Medical School Application

The path to medicine is not easy, and our speakers know that. Stop by and learn how to write about your challenges in a way that showcases your resilience and ability to overcome adversity!

Speaker Names: Jennifer Lucero, MD, MA; Alisa Lopez; Jam Harley

#### Student-Run Clinics at UC Davis: Tabling Fair

Looking for hands-on clinical experience, while also volunteering with underserved communities of the Greater-Sacramento Region? Meet some of the Student-Run Clinics at UC Davis, which each offer UC Davis students the chance to work alongside health professionals in providing free services and resources to local communities.

Speaker Names: Bhagat Puran Singh Health Initiative, Clínica Tepati, Joan Viteri Memorial Clinic, Nadezhda Clinic, Shifa Community Clinic, RIVER Mobile Pediatric Clinic

#### Tackling the Dental School Application: Institutional Advice and Experiences of Current Dental School Students

Applying to dental school can be a grueling task, but this workshop can help with that! Join our speakers as they walk prospective applicants through the process, followed by an interactive session with current dental students to answer any questions you may have about their own experiences. *Speaker Name: Stan Constantino* 

#### **Tailoring Your Resume to Pre-Health Opportunities**

Building your resume is a vital step towards your future pre health careers! However, creating the perfect resume can be challenging especially when trying to impress future employers. Learn more about creating a unique, powerful resume through guidance from our speaker!

Speaker Names: Carrie Ozeran, MPH, MS

#### The Ins and Outs of Suturing with the US Army

Get hands-on experience practicing suturing, a valuable skill that is used in many healthfields. Stop by to try your hand at suturing, under the guidance of a PA!

Speaker Name: CPT Alex Merkle, DSc, PA-C, Special Operations Command

#### UC Davis School of Medicine Admissions

Are you applying to medical school? Join us to hear from an admissions expert from one of the nation's leading medical schools and research institutions. Learn about what makes the UC Davis School of Medicine unique and how you can tell your story in a competitive application process.

Speaker Names: Charlene K. Green, PsyD; Toyia Fleming

#### Utilizing Resources from the Association of American Medical Colleges (AAMC) to Support Your Journey to Medical School

In this session, we'll share tools, resources, and information about what the AAMC offers in preparing for the medical school application process. Learn about the application timeline, advice from current medical students, and even the financial aspects of applying to, and attending medical school. *Speaker Names: Jena Wimsatt, Candice Pantor, Nia Brown, Julie Gilbert, Brandon Brown* 

#### What Can I Do with My Pharmacy Degree?

From working in inpatient oncology to ambulatory care, the opportunities in pharmacy are endless! Join us to learn more about both the traditional and lesser-known paths within the field of pharmacy.

Speaker Name: Sachin Shah, PharmD, FACC, FAHA



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#### Workshop Session 1 | 1:10 - 2 pm Continued

## What Is Your Why? Why Might You Pursue a Career in Medicine?

Not sure why or if you want to pursue medicine? Can't pinpoint your main reason to enter the medical field? Find out how to determine if a career in medicine is right for you and discover strategies on how to develop your purpose throughout the pursuit of medicine!

Speaker Names: David J. Brown, MD; Deb Berman, MD

## Wilderness Medicine: Techniques Learned in the Real World

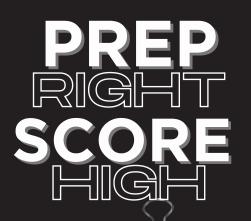
Learning a few key wilderness techniques can save lives in real life emergency situations. This workshop will teach you all about medical techniques in the wilderness, including buddy splinting, buttons, log rolling, and dealing with spinal issues. *Speaker Name: Todd Miner, Ed.D., FAWM* 

#### **Pre-Health Tip:**

Conference is an opportunity to explore between and within health professional careers! Many speakers during the workshops are practicing health professionals who can give insight into their careers and the future of healthcare.

#### **Conference Tip:**

We all say we will remember something, but we highly encourage taking notes throughout the day just in case! Good things to jot down include: names of representives/speakers you meet and if they share any contact information.



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Notes

## WORKSHOP SESSION 2 2:10 PM - 3:00 PM (PDT)

#### All about Dietetics and Nutrition

You are what you eat. Well...at least your health is affected by it. Come by to learn how the food we eat connects to our overall well-being, through this great overview of the field of dietetics and the different careers it entail!

Speaker Names: Joan S. Frank, MS, RDN, FAND

#### All about Healthcare Social Work

Healthcare social workers' careers can be very detailed and demand time from the workers involved. Individuals interested in learning about the social work done in the healthcare industry are welcomed to attend this workshop led by experts in the field.

Speaker Names: Nurit Fischer-Shemer, PhD, MSW, MEd; Amanda West, PhD, LCSW

#### All about Health Policy & Law

Health policy entails the laws, regulations, and decisions made to protect and promote the health of individuals and the community. Join us to learn all about the importance of the field of Health Policy and how to pursue it. *Speaker Name: Mallory Warner, JD* 

#### Post-Bacc Program/SMP Admissions Panel

Having trouble fitting pre-reqs into your undergrad or postgrad journey? Or, do you want to increase your metrics as an applicant? Learn if a post-bacc or SMP program is a right for your journey, through this panel discussion with representatives from across the country.

Speaker Names: Bryelle McRay (UC Davis Health Professions Advising); Bart Gillum, DSc, PA (George Washington University); Cassidy Kays (UC Postbaccalaureate Consortium); Josh Watson, PhD (Georgetown University)

#### **Applying to Pharmacy School**

Applying to Pharmacy school can be tricky to navigate. Come join us as we break down the application process. Become familiar with the course requirements, recommendation letter process, and PharmCAS portal as you prepare for your future in pharmacy.

Speaker Name: Dan DiCesare

#### Being \_\_\_\_\_ and Pre-Med: Perspectives from Current Medical School Students

Just like our panelists were, you are more than just a pre-med! Attend this discussion to hear from current medical school students about their backgrounds and the experiences that led them to where they are now!

Speaker Names: Charlene K. Green, PsyD; Oliver Guevarra; Natalie Pearlman; Soroush Kazemi; Maria Burgos

#### Debunking the 6 Myths of the MCAT

"So and so said \_\_\_\_\_\_ about the MCAT." "I heard \_\_\_\_\_\_ about the MCAT." Misinformation travels fast. Come and join us at this workshop, where we'll be debunking those far too common MCAT myths. Hopefully, we'll save you a headache or two down the road.

Speaker Name: Petros Minasi, Jr.

## Everything You Need to Know about Applying to Medical School

Medical school applications are incredibly challenging. Attend this workshop to hear about advice and helpful tips to help you prepare for applying to medical school. Speaker Name: Renee Marinelli, MD

#### **Exploring Health Professions Session 2**

With many careers possible in healthcare, it can be difficult to find the right one for you. This panel is an opportunity for you to connect with different healthcare workers and ask questions to help you find your fit in this field.

Speaker Names: Brianca Hutchins, OTR/L; Marianne Pop, PharmD, MPH, BCPS; Serena Yang, MD, MPH; Jamson Wu DDS, MSD

## Finding Your Fit: Speech-Language Pathology & Audiology

For those interested in learning more about working with speech, language and hearing disorders, this workshop is for you! Speech-Language Pathologists and Audiologists, while separate professions, are strongly connected and both have interesting experiences to offer.

Speaker Names: Gabriella Musacchia, PhD; Derek Isetti, PhD

#### Finding Your Mission in Medicine

Curious about how the medical school you attend will align with your own values? Unsure why it matters? Join Burrell College of Osteopathic Medicine's Office of Admissions as we explore personal and institutional missions in medicine and learn about how the Burrell Community lives its mission. Speaker Names: Natalie Davis; Austin Gentry



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#### Workshop Session 2: 2:10 - 3 pm Continued

#### **Genetic Counseling Case-Based Discussion**

Understanding a family's risk of genetic diseases is a crucial part of family planning and that is where genetic counseling comes in! Join us to broaden your knowledge as we discuss specific uncommon and challenging cases.

Speaker Names: Makenzie Fong, MS; Noura Osman, MSc, CGC

#### Hands-Only CPR

When a person has a cardiac arrest, their survival depends on immediately getting CPR from someone nearby. CPR, especially if performed in the first few minutes of cardiac arrest, can double or triple a person's chance of survival. This Hands-Only CPR workshop is designed to prepare students to provide Hands-Only CPR in a safe, timely, and effective manner for adults and children.

Speaker Name: UC Davis Fire Department

#### Follow us on social media

Throughout the year we share pre-health opportunities and tips journey. Be the first to know when 2024 registration opens.

## Ins and Outs of Public Health—Next Stop, Applying to Graduate School

For students interested in public health, this workshop will provide an in-depth look into its educational journey. Meet the Johns Hopkins Bloomberg School of Public Health to learn about the field, how to make the most of your undergraduate experience and prepare for graduate school and beyond! *Speaker Name: Lauren Black, MS* 

#### Military Working Dogs: Common Injuries/ Emergencies

Learn all about Tactical Canine Casualty Care through this exciting presentation by CPT Peri Salazar, DVM and MAJ Peony Kim, DVM—complete with a live, controlled bite and a military working dog team!

Speaker Names: CPT Peri Salazar, DVM; MAJ Peony Kim, DVM

#### **Performing Clinical Skills**

Take this opportunity to develop hands-on clinical skills to help critically injured patients. This workshop teaches you how to use laryngoscopes, visualize vocal cords, place an endotracheal tube, and triage patients. *Speaker Names: Robert Liotta, MD* 

#### **Promoting Health Equity**

Wondering how to promote health equity, to ensure that better care is provided to communities across the nation? Learn about the various paths you can take towards creating a more equitable health system.

Speaker Names: Representatives from the Betty Irene Moore School Of Nursing at UC Davis

## Preparing for the "Unpreparable": Situational Judgment and Competency Assessments

A successful future in medicine includes mastering comprehension and reasoning skills to create the best plan of action for patients. Attendees in this workshop will be going through situational judgment scenarios in groups to prepare for the AAMC PREview and CASPer exams.

Speaker Names: Emil Chuck, PhD; Kyle Magatelli, Social Media Coordinator

## Showing Your Purpose, Passions, and Personality in your Veterinary School Application

The dream to become a vet most commonly stems from 1 common attribution: the value of animal life. However, vet school is competitive and it's crucial to elaborate on your calling to pursue the field. Join us to explore ways to show your passion and personality in your veterinary school application.

Speaker Name: Gretchen Delcambre, DVM MS

## Successful Outcomes: From Saba University School of Medicine to a Stanford Fellowship

Chat with and learn from a graduate of Saba University School of Medicine! They will be sharing their experience leading up to, during, and beyond medical school. Get a unique insight into the medical school experience abroad!

Speaker Names: Osama Khan, MD; Jennifer Bosco, EdD

#### **Summer Health Professions Education Program**

Interested in a health profession, but not sure which one? The Summer Health Professions Education program provides students with resources and information on some of the many types of careers in healthcare.

Speaker Name: Tony Mancuso MEd, A-CSPO

#### **Taking Vitals**

Let's go back to the basics and talk about taking patient vitals! Practice taking pulses, respirations, and heart rates with current nursing students in this workshop.

Speaker Names: Shana Ruggenberg, EdD, RNC-OB, CNS, CNE; John Chhor MEPN Student Class of 2022

#### The Ins and Outs of Suturing with the US Army

Get hands-on experience practicing suturing, a valuable skill that is used in many healthfields. Stop by the U-center to try your hand at suturing, under the guidance of a PA!

Speaker Name: CPT Alex Merkle, DSc, PA-C, Special Operations Command

#### UCSF: Mock Dentistry Admissions Committee Activity

Ever wondered what dental admissions committees look for in applicants? Read applications alongside UCSF School of Dentistry and discuss making admissions decisions. *Speaker Name: Brennan Crilly, MA* 

#### What D.O. You Do In Medical School: Hear From Current Medical Students

What is being a medical student really like? Connect with current medical students in this Q&A panel to hear about life in medical school. Also, learn about Osteopathic Manipulation Treatment (OMT) through a live demonstration. Speaker Names: Nickolas Okawa, Jori Enfield

## What is Advanced-Practice Nursing & Why YOU Should Pursue It

Interested in nursing but not sure what career options are available? This workshop explains the history of Advanced-Practice Nursing (APRN), what level of care they provide, and most importantly, how to pursue it. Stop by and decide if being an APRN is right for you!

Speaker Name: Rosalind De Lisser, PhD(c), FNP, PMHNP

#### What to Expect as a Medical Student in Singapore

For any students interested in medical school abroad, come learn about a day in the life of a student; from their preferred study techniques to maintaining a work-life balance. This session will help you discern similarities and key differences in the medical School experiences abroad.

Speaker Name: London Lucien Ooi, MD

#### Womxn In Healthcare

Although healthcare was once a male dominated field, women make up more than three quarters of providers today. Learn insights from successful womxn leaders on how they navigated their journeys in healthcare and how your future role as a healthcare provider can empower future women leaders.

Speaker Names: Inderpal Biring, DO; Nancy Schwartz, PhD; Amber Bennett, OTD, OTR/L; Marcia "Marcy" Faustin, MD; Heather Henderson PT, DPT, NCS Notes

## WORKSHOP SESSION 3 3:10 PM - 4:00 PM (PDT)

## Deciding from Your Options for Medical School: MD, DO or Caribbean

Planning your future in the medical field can be a confusing process, from the types of programs to their location. Learn more about the various degrees and career pathways both in and outside of the U.S. mainland.

Speaker Name: Elise Froistad

#### **Dental School Admissions Panel**

Admission into dentistry is competitive and confusing as it is a huge step towards becoming full contributing members of the profession. Join our Dental School Admissions Panel to learn more about the overall process and ask about any valuable questions.

Speaker Names: Stan Constantino (University of the Pacific -Dugoni School of Dentistry); Brennan Crilly, MA (UCSF School of Dentistry); Theresa A. Davies, PhD (Boston University School of Dentistry); Susie Goolsby, DDS (OHSU)

#### **Dietetics: Patient Centered Thinking**

Nutrition is an important tool that provides information to improve overall health. In this interactive workshop, learn how there is not a one-size fits all approach to dietetics by going through unique patient cases and creating different treatment plans.

Speaker Name: Joan S. Frank, MS, RDN, FAND

## Introduction to PM&R and Musculoskeletal Ultrasound

Learn about the medical specialty Physical Medicine & Rehabilitation (PM&R) which aims to enhance the quality of life in patients with disabilities related to brain, nerves, bones and muscles. Also, learn about muscle and joint imaging in a hands-on session surrounding musculoskeletal ultrasound.

Speaker Names: Quinn Howard, MD; Connie Tang UC Davis PM&R PGY2; Paige Saito OMS3 at Touro University CA; Jennifer Addleman OMS2 at Touro University CA; Renato Martin Jr OMS4 at Touro University CA

## Knocking on Death's Door: Exploring the Vital Role of Anesthesiologists in Surgical Care

Anesthetic interventions play an important role in inducing successful patient outcomes. Learn more about anesthesiology through an in-depth emergency surgical case. *Speaker Name: Mukesh Sahu, MD* 

## Left of the Bell Curve: A Story of Resilience in Pursuit of Your Dream Health Career

Sometimes your stats may not be perfect and your path to a healthcare career is unconventional. There's still a place for you in healthcare! In this session you'll hear first hand accounts of resilience, adaptability, and alternative ways to navigate a path towards healthcare.

Speaker Name: Will Smith, MD

#### Medical School Admissions Panel

In this workshop you will learn what makes you a competitive applicant for medical schools as well as stand out compared to your peers. Attend this workshop to hear from a panel of admissions committee members and their take on the application. Students of all levels are welcome to attend!

Speaker Names: Jennifer Lucero, MD, MA (UCLA - David Geffen School of Medicine); Deb Berman, MD (University of Michigan School of Medicine); Steve Davis (Touro University California College of Osteopathic Medicine); Natalie Davis (Burrell College of Osteopathic Medicine); Charlene K. Green, PsyD (UC Davis School of Medicine)

#### Mock MMI

Expecting a 1-on-1 interview for medical school? Surprise! Many medical schools are instead adopting the MMI (multiple mini interviews). Come practice your interview skills in the MMI system, rotate through different stations, and get feedback! Speakers: Representatives of Health Professional Schools

#### **Neonatal Lines**

Interested in pediatric care? Come learn about different neonatal line placements, including peripheral and central lines, and observe a demonstration of dressing changes and labs.

Speaker Name: Alyssa Soto, RN, BSN, RNC-NIC

## Pre-Health Tip:

Visit the pre-health fair to speak with representatives from schools/programs & organizations from across the country & world.

#### **Nursing Program Admissions Panel**

It always helps to hear from those standing on the other side of the application process. Learn from admissions representatives, listen to their perspectives on the application process, and have all your questions answered about applying to nursing programs!

Speaker Names: Madeline Verzola, MBA (UC Davis Betty Irene Moore School Of Nursing); Marianne Biangone, PhD, RN (UCSF School of Nursing); Tamera Gray (University of the Pacific); Katie Kennedy, MS (Emory University School of Nursing)

#### **Occupational Therapy Program Admissions Panel**

Wondering how to be a competitive applicant to occupational therapy schools? Find out more about OT-program admissions from a panel of admissions committee members themselves! *Speaker Names: Gina Tucker-Roghi, OTD (Dominican University of California); Gigi Smith, PhD, OTR/L, FAOTA (San José State University); Amber Bennett, OTD, OTR/L (USC -Chan Division of Occupational Science and Occupational Therapy); Natalie Perkins, PP-OTD, MEd, OTR/L, FIIE* 

#### **Optometry School Admissions Panel**

Optometry school applications are challenging. Learn from different professionals as they discuss the optometry school admissions process and give helpful insight into what to include in your application as well as how to make yourself stand out!

Speaker Names: Mike Hoffshire, PhD (Herbert Wertheim School of Optometry & Vision Science); Serena Sukhija, OD, FAAO (Western University College of Optometry); Beka Godsil, MA (Arizona College of Optometry); Rochelle Valera (UIW Rosenberg School of Optometry)

#### Pharmacy School Admissions Panel

As a pre-pharmacy student, you may be lost on what to include in your application. Come hear from the pharmacy school admissions panel about the application process, their take on the application, and have your questions answered. Speaker Names: Joel W. Gonzales (UCSF School of Pharmacy); Anthony Potter (Pacific University); Veronica Semler (University of the Pacific - Thomas J. Long School of Pharmacy); Dominique Beale (USC School of Pharmacy); Jill Richardson (UCI School of Pharmacy & Pharmaceutical Sciences); Tiffany-Jade Kreys, PharmD, BCPP (California Northstate University College of Pharmacy)



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#### Physical Therapy Program Admissions Panel

Are you interested in Physical Therapy but unsure about the application process? This workshop is for you! Attend this workshop to learn more about Physical Therapy program admissions from a panel of admission committee members and get all your questions answered.

Speaker Names: Heather Henderson PT, DPT, NCS (Northwestern University - Feinberg School of Medicine); Ashley Jolly (University of Utah, Department of Physical Therapy and Training); Aspen Fairbanks (University of Utah, Department of Physical Therapy and Training); Scott Thompson, MPT, EdD (California State University, Sacramento)

#### **Physician Assistant Program Admissions Panel**

Are you interested in physician assistant programs? Join us to learn from admissions representatives about what they look for in an application and how you can best tell your story. Get all of your questions answered!

Speaker Names: Michelle Touw, MMS, PA-C (UC Davis Betty Irene Moore School Of Nursing); Luis Pablo Alvarez (Rosalind Franklin University of Medicine and Science) ; Jed Grant, DMSc, PA-C (University of the Pacific); Geri Horton (Creighton University PA Program - Omaha); Leslie Lim, MA (Marshall B. Ketchum University School of Physician Assistant Studies)

#### Pre-Med Management Tool

Set yourself up for success by joining The Princeton Review for a walk-through of our free Pre-med Management Tool! With clear guidelines that will provide a roadmap for pre-meds, walk away with guidance on building a strong medical school application and leave better prepared to track your experiences.

Speaker Name: Kristine Cather, JD

## Preparing for the "Unpreparable:" Situational Judgment and Competency Assessments

A successful future in medicine includes mastering comprehension and reasoning skills to create the best plan of action for patients. Attendees in this workshop will be going through situational judgment scenarios in groups to prepare for the AAMC PREview and CASPer exams.

Speaker Names: Emil Chuck, PhD; Kyle Magatelli

**Follow us on social media** Throughout the year we share pre-health opportunities and tips journey. Be the first to know when 2024 registration opens.

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#### **Public Health Program Admissions Panel**

Interested in pursuing global health, health policy, or epidemiology through a Master of Public Health (MPH) degree? Set yourself up for application success by attending this panel and gain valuable insight on various school programs' requirements.

Speaker Names: Michelle Azurin, MPH (UCB School of Public Health); Wade Angeli (University of Washington School of Public Health); Ina Rodriguez (Columbia University - Mailman School of Public Health); Lauren Black, MS (Johns Hopkins University - Bloomberg School of Public Health)

#### **Research as Part of your Dental School Experience**

Research experience can enrich your education, both leading up to and during your dental degree. This discussion can help attendees better understand how their own goals as health professionals can benefit from research experience, whether that be by better understanding medical research or doing a DDS/PhD!

Speaker Name: Roger Mraz

#### Stop the Bleed

The STOP THE BLEED® workshop is a class created by the American College of Surgeons. This class taught by the UC Davis Fire Department teaches the basics of identifying and treating life-threatening bleeding and current techniques used to control bleeding, including: tourniquet application, wound packing, and the use of bleeding control kits.

Speakers: UC Davis Fire Department

#### Tackling Complex Health Problems: It Takes A Community!

It's important we all work together to address health problems today. Attend this workshop to learn about community factors that influence health, strength-based approaches, the role of health professionals in promoting community health, and identifying resources for a health problem you care about. *Speaker Names: Serena Yang, MD, MPH, Division Chief-General Pediatrics, Vice Chair, Community Engagement, Department of Pediatrics; Diana Guzmán, MS, MS2 Student Class of 2026 at UC Davis School of Medicine; Hibatallah Hummadi, MS1 Student Class of 2026 at UC Davis School of Medicine* 

#### **Pre-Health Tip:**

Visit the pre-health fair to speak with representatives from schools/programs and organizations from across the country & world.

#### The A to Zzzs of Sleep Medicine

The average human spends 1/3 of their lives sleeping! Come learn about the fascinating connection between the time spent in bed and its effect on us throughout the day, through this discussion with a sleep medicine researcher themself! *Speaker Names: Nnamdi Orakpo, MD, PhD; Jose Ramon Partida* 

#### The Ins and Outs of Suturing with the US Army

Get hands-on experience practicing suturing, a valuable skill that is used in many healthfields. Stop by the U-center to try your hand at suturing, under the guidance of a PA! Speaker Name: CPT Alex Merkle, DSc, PA-C, Special Operations Command

## The Role of Pharmacists in Managing Infectious Diseases

Pharmacists are involved in many different areas of infectious diseases. They have also played a vital role during the COVID-19 pandemic. This session will review the different areas of infectious diseases involving pharmacists and their impact on patient care.

Speaker Names: Alice Hemenway, PharmD, MPH, BCPS, BCIDP

## The YOU Factor: Leveraging Diversity in Your Pharmacy School Interviews

Are you curious about the attributes of a notable PharmCAS application? Attend this workshop to understand what faculty and admissions are looking for through a MMI setting. Learn about how you can leverage your diverse background and practice writing a meaningful personal statement. Speaker Names: Erika Freitas, PhD; Nick Dix, MS

Speaker Names: Erika Freitas, PhD; Nick Dix, Ms

#### Veterinary School Admissions Panel

This workshop is for those interested in hearing about how to best tailor your application to veterinary school! We have a great variety of speakers with experience and all kinds of advice for veterinary school admissions

Speaker Names: Brandy McCall, MBA, (UC Davis School of Veterinary Medicine); Violeta Bonneville, MA, (University of Minnesota College of Veterinary Medicine); Jenna Henshue, MAEd (University of Wisconsin-Madison, School of Veterinary Medicine); Gretchen Delcambre, DVM MS (Louisiana State University School of Veterinary Medicine); Philip Jaroslow, MBA (Ross University School of Veterinary Medicine)

#### \_ . . .

**Don't forget to stay hydrated!** There are waterbottle filling stations throughout campus.

## Thank you to our 2022 sponsors and exhibitors, this year's conference would not be possible without their support.

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#### Our 2022 Leadership Team

Pre-Health Conference at UC Davis is a student run event by UC Davis students and alumni volunteers under the guidance of the UC Davis Health Professions Advising Office.



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Purva Bhatia Strategic Communications Assistant Coordinator

#### Special thank you to the Health Professions Advising office and staff and the College of Biological Sciences Dean's Office.

Manisha Lakhotia Director of Health Professions Advising Office Bryelle McRay Director of Health Professions Post-Bacc Program Karen Draper Pre-Health Staff Advisor HPA office Karen Yanez Pre-Health Staff Advisor HPA office Shivani Patel Pre-Health Conference Volunteer **CBS Dean's Office** Cynthia C. Rosario Joy Anguiano Victoria Keaton

## We also thank our volunteer moderators, intern, and speakers.

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#### **Assistant Coordinators**

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